

# Bethesda

## Community Newsletter

Winter 2017

*"Exceptional People, Exceptional Care"*

### *Our Residents*



Snow has recently fallen and winter isn't quite over. Earlier in the season Betty Gutjahr's family visited Parkside Retirement Community at Bethesda and built a snowman! The snowman faced Betty's apartment window and she could see him every day.

Betty was born in Leola, SD. Betty is widowed and has five children, four grandchildren and two great grandchildren. Betty has lived at Parkside for four years and enjoys visiting with people and volunteering. She also enjoys the activities, entertainment and happy hour here at Parkside.

Betty worked as a Certified Nursing Assistant in the Hosmer Nursing Home and Bethesda Home. She still goes over to the nursing home and visits with residents. She regularly visits six or more people each and every week. She shared, "It's meaningful, " "God blessed me with that." Betty stated that she #1. "Likes to work with elderly people" #2. "It's a challenge to work with them" #3. "It's very rewarding at the end of the day!"

Betty's smile, energy and outgoing personality are gifts to everyone she meets. We are blessed to have Betty as a part of the Bethesda Family at Parkside Retirement Community.



# Our Programs

## Adult Day Health Center at Bethesda



**Adult Day Health Center members bringing in the New Year with a special Goose dinner.**



Everyone had a great time! Many had never eaten goose before, and it was wonderful.



The Goose was donated by Karl & Betsy Kosse.



Members made Mardi Gras masks, they had a great time using their imagination to create them. A little bit of New Orleans right here in South Dakota!



At the Adult Day Health Center we provide bathing assistance, in a safe and private environment, with a state of the art whirlpool bath.

If you or someone you know is in need of the services that are provided at the Adult Day Health Center,

**PLEASE JOIN US for an OPEN HOUSE on March 30th from 4:00-5:30 pm.**

We welcome you to schedule a complimentary tour and/or consultation, contact us anytime at 225-7602.

Address: 1403 15th Ave. SE, Aberdeen, SD 57401

*Funding assistance is available for Adult Day Services through Dept. of Social Services, for individuals 60 years and older.*



# At Bethesda We ♥ Volunteers!

THANK YOU to the more than 60 volunteers at Bethesda, that make the world a brighter place to be... You brighten days in so many ways. For the lives you touch, we thank you so much!

*"There's love and caring being passed around here."*

Charlie Clark, Aberdeen Bethesda Foundation, Board Member  
Parkside Retirement Community at Bethesda, Resident

## Caring for Others at Bethesda

At Bethesda, caring for others is our mission. Caring for an individual's physical, mental, emotional, social and spiritual well-being is so important.

At Bethesda, on average, we serve 13,361 meals each month which totals 160,332 per year! These meals are wholesome, healthy and sometimes even fun! Many of these meals are served to residents with special dietary needs. All meals are approved by a registered dietician. At Towne Square Assisted Living at Bethesda, the residents have even requested special dishes that remind them of their cultural background. Holidays and seasons are reflected in special menus and special foods. Coffee time and snacks are always an enjoyable experience.



At Bethesda, our Chaplain and community Churches offer 17 church services and 11 Bible studies each and every month. That is 336 spiritual care opportunities throughout the year! Each resident at Bethesda Home is given a Comfort Cross upon admission. Fulfillment of our residents' spiritual needs can have a positive influence on their overall quality of life and life satisfaction.



# Our Programs

## ~ Opportunities for Giving ~ You Can Truly Make a Difference at Bethesda! Wish List 2017

**Bethesda Home/Skilled Nursing Home Care:** *Hoyer Mechanical Lift for Residents; Hot and Cold Food Service Cart; Hi/Low Electric Beds*

**Parkside Retirement Community/Independent Living:** *New Hallway Carpet for All Four Wings; Cordless Vacuum; 2 Large Crock Pots; Large Air Fryer; Outdoor Patio Set; New cushioning and upholstery for dining room chairs*

**Bethesda In-Home Community Services:** *Van to Transport Clients and Residents/Handicap Accessible*

**Bethesda Sharing Center/Child Daycare and Preschool:** *Playground Equipment; Rocking Chairs/Glider Rockers; Rugs for Play Areas; Shelving Units; TV/DVD Player; Educational Toys; Sleeping Mats; Table & Chairs; Art Supplies; Games/Puzzles; Promethean Board-Interactive Touch Whiteboard*

**Bethesda Towne Square/Assisted Living:** *Storage Shed; Camera; New Dining Room Tables and Chairs*

**K.O. Lee Adult Day Health Center:** *Nu-Step Exercise Equipment; Art Supplies; Popcorn Machine*

**Caregiver Support Services at Bethesda:** *Donations for Educational DVD's and Resource Materials*

**General:** *Portable CD Players; Voice Recognition-Dragon "Tell Your Story" Software; iPads; Maintenance and Grounds Equipment; Pickup; Skid Steer; John Deere Lawn Equipment; Folding Chairs; Exercise Equipment; Car Wash Coupons for the Bethesda Bus*

### **Our PRIORITY PROJECTS for 2017 include:**

The Chaplaincy Program ~ Spiritual Care at Bethesda

The Bethesda In-Home Care/Community Services ~ Van Project

Bethesda Sharing Center/Child Daycare and Preschool ~ Courtyard Updates/ Playground Equipment and General Equipment. If you are interested in donating any of the above listed items or to any of our priority projects, please use the enclosed donation envelope or contact us anytime at:

**(605)377-2722 or email [peggyjolarson@bha.cc](mailto:peggyjolarson@bha.cc)**



# Thank you to our donors ~ 2016

## **FRIENDS OF BETHESDA PROJECT:**

Ray & Marcie Andersh  
Allen & Delores Anderson  
Paul & Donna Blide  
Marjorie Cash  
Doug & Diane Dangel  
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Nancy Stange  
Howard Swenson  
Laura Thompson ~  
In Memory of Ken Thompson  
Robert & Joan Thompson  
Lynn Wanner

## **BETHESDA COMFORT**

### **CROSS PROJECT:**

Debbie Pool ~ Monthly Online Donation

### **In Memory of:**

**Brittany Holzer**

Lori & Stewart Bohle

**Arlen Rude**

Lori & Stewart Bohle

**Hilda Sackmann**

Sidney & Susan Schock

**Dean Turnquist**

Lori & Stewart Bohle

## **BETHESDA BUS/VAN PROJECT:**

Allen & Delores Anderson  
Amazon Smile Donations  
Anonymous Donor  
Bethesda Annual Community Picnic Proceeds  
Paul and Donna Blide  
Florence Brandner  
Judy and Miles Bretsch  
Marjorie Cash  
Charlie and Ginny Clark  
Cole Papers  
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St. James Lutheran Church ~ Leola  
St. John's Lutheran Church ~ Hecla  
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Howard Swenson

Phil and Joanne Swenson

Reed and Kathy Swenson

Thrivent Choice

Trinity Lutheran Church ~ Houghton

Mike Weber

Zion Lutheran Church ~ Aberdeen

### **In Honor of:**

**Aunt Naomi Alexander's 98<sup>th</sup> Birthday**

Arlen & Ramona Hanson

**Uncle Edwin Bretsch's**

**95<sup>th</sup> Birthday**

Elaine Bunke

**Nancy Nelson**

Robin K. Nelson

### **In Memory of:**

**Janice Anderson**

Arlen & Ramona Hanson

**Jean Bisbee**

Larry & Janeen Meier

**Irene Bretsch**

Miles & Judy Bretsch

**H. Dale Brooks**

Howard Swenson

**Tom Casanova**

Dennis K. and Shirley Larson

**Adeline Baker Cassels**

Howard Swenson

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LaVonne Peterson

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Larry Littrell

**Marilyn Littrell**

Larry Littrell

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**Tammy Logan**

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**Harlan Mertz**

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Linda & Ronald (Joe) Torrence

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Cindy Kraft & Members of the

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Darlene Wahl

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Howard Swenson

**Joyce Rogers**

Toni Ristau

**Mearl Schanzenbach**

Zona Schanzenbach

Gay Ristau ~ Ristau Insurance

Agency, Inc.

**Mel Schlaht**

Howard Swenson

Mark & Sharla Thompson

**Laurel Schumaker Sharp**

Howard Swenson

Continued on next page

**Check out Bethesda's website  
at [www.bha.cc](http://www.bha.cc) and take a virtual tour!**

# Bethesda Donor List 2016 (continued)

## **Herb Severson**

Janie & Robert Severson and Family  
Viola Tetherow

## **Bob Sharp**

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## **Bruce Skeie**

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## **Larry Spencer**

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## **Midge Stager**

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## **Dean Turnquist**

Charlie & Ginny Clark

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## **Alice Vandenakker**

Toni Ristau

## **Perk Washenberger**

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## **Alice Wegehaupt**

Ginny & Charlie Clark

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Joanne Hummel Family Trust

## **Stella Winburn**

Doris Larson

## **Curt Wockenfuss**

Arlen & Ramona Hanson

## **Roger Zimmerman**

LaVina Hopf

## **OTHER DONATIONS:**

AmazonSmile

CWD ~ Annual Community

Picnic

NESD Area Health Education Center

Brian Vander Weyst

Judy Bretsch

Savo Lutheran Church

St. Paul's Lutheran Church

## **THRIVENT CHOICE**

## **DONATIONS:**

Gregory Beck

James Boekelheide

Lori Bohle

Dorene Borchard

Janelle Brown

Marjorie Cash

Vicki Conn

Diane Dangel

Theodore Deilke

Patricia Dennert

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Cindy Fleckenstein

Kyle French

Judy Gelling

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Wilma Zimmerman

## **In Memory of:**

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Linda Brooks

## **Adeline R. Baker**

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## **Harlan Mertz**

Joyce Mertz and Family

## **Verona Mintz**

Terry Ellingson

## **LaVonne Olson**

Larry & Sue Olson

## **Ronnie Ochsner**

Jerry Ochsner and Family

## **Mae Palmer**

David Palmer

## **Harold Peterson**

LaVonne Peterson

## **Alvin Ristau**

Jonathan Ristau & Family

## **Darlene Scott**

Becky Berreth & Family

## **Viola Seidel**

Lajune Eifert

## **Herb Severson**

Family

## **Esther Hoeft Smith**

Tiffany Hoeft

## **Dana Streitz**

Julie Streitz

## **Peggy Wegehaupt**

Glenn Wegehaupt

## **Atlas Wendt**

Nancy Thiex and Family

## **Roger Zimmerman**

Wilma Zimmerman

## **BETHESDA HOME**

## **ACTIVITIES**

Judy Bretsch

Vi Tetherow

Bertha Turnquist

## **ADULT DAY HEALTH**

## **CENTER AT BETHESDA**

Aberdeen Area Arts Council

Grant for Art@Bethesda

Picnic & Painting on the Patio

Event ~ Free Will Offering

Buffalo Wings and Rings

Fundraiser

CWD ~ Pledge

Norma Dennert ~ Pledge ~

Thrivent Match

Kathy Harris ~ Pledge

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Family

Crystal Swenson

Howard N. Swenson

Phil & Joanne Swenson &

Family

Sons of Norway Greig Lodge

No.1-578

Sharla & Mark Thompson &

Family

Zion Lutheran Church/

Aberdeen ~ Pledge

## **ADHC In-Kind**

## **Donations:**

Carole Bade

Debbie Eisenbeisz

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Rachel Fritz

Karl & Betsy Kosse

Howard Swenson

Reed & Kathy Swenson

Red Cross Gray Ladies

Continued on next page



# Bethesda Donor List ~2016

## **TOWNE SQUARE/ ASSISTED LIVING:**

### **In Memory of:**

#### **Verona Mintz**

Steve & Betty Dunker

## **PARKSIDE**

### **RETIREMENT**

## **COMMUNITY**

### **In-Kind Donations:**

Kathy Barr

Phyllis Haselhorst

Evie Holdhusen

Deb Rice

Beryl Samp

Don Schaunaman

## **PARKSIDE**

### **RETIREMENT**

## **COMMUNITY:**

Peggy Jo Larson

Deb Rice

Regina Senger

## **BETHESDA SHARING CENTER**

### **In Memory of:**

#### **Clarence & Lucille**

#### **Swenson**

Howard Swenson

### **Fundraisers:**

Schwan's Cares

Great Plains Fundraising

Buffalo Wings and Rings

Collective Goods Book and

Gift Fair

### **In-Kind Gifts:**

Ruth Casanova

Eugene & Jean Face

Deb Rice

## **BETHESDA SHARING CENTER**

### **Thrivent Choice:**

Lori Bohle

Shelly Buckmeier

Kathy Harris

# 2017 Donations

## **FRIENDS OF BETHESDA PROJECT:**

Marcella Andersh

Arlene & Wes Elliott

Bruce & Jan Johnson

Peggy Jo Larson

## **BETHESDA In-Home**

### **Community Services**

## **VAN PROJECT:**

Amazon Smile

Emmanuel Lutheran Church ~

Groton (Quarterly Giving)

Toni Ristau ~ Network for

Good ~ In memory of Alice

VandenAkker,

Toni Ristau, and other

friends and family

St. John's Lutheran Church ~

Hecla

Trinity Lutheran Church Ladies

Aide ~ Houghton

### **In Honor of:**

#### **Parents and Godparents**

Peggy Jo Larson

### **In Memory of:**

#### **Bernice Beck**

Charlie & Ginny Clark

#### **Marian Brooks**

Helen Yetter

#### **Vernon Bunsness**

Sandra Brink

Charlie & Ginny Clark

Mae Click

Howard Swenson

#### **Elder Haugen**

Allison Checco and Family

Mae Click

Keith & Kristi Hainy

#### **Lloyd Kiesz**

Charlie & Ginny Clark

### **Millie Miller**

Patricia Miller Awad

#### **Leone Peterson**

Delwin & Deanna Peterson

#### **Marie Schlosser**

Arlen & Ramona Hanson

Allen & Karen Siefkes

#### **Darlene Scott**

Allen & Karen Siefkes

Linda Siefkes

#### **Lucille & Clarence**

#### **Swenson**

Phil & Joanne Swenson

Sharla & Mark Thompson

Howard N. Swenson

Becky & Dwight Althoff

Crystal Swenson

#### **Dean Turnquist**

Bertha Turnquist

## **THRIVENT CHOICE**

### **DONATIONS:**

Marjorie Cash

Diane Dangel

Cindy Fleckenstein

Rodney Jondahl

Linda Miller

Norma Moerke

Roland Moerke

David E. Roth

Howard Swenson

Laura Thompson

### **OTHER DONATIONS:**

Peggy Jo Larson

Savo Lutheran Church ~

Frederick

St. Paul's Lutheran Church ~

Frederick

Brian Vander Weyst

## **IN-KIND DONATIONS:**

LeRoy Adam

### **In Memory of:**

#### **Vernon Bunsness**

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Kelli Meister & Family

#### **Alice Mohr**

Milo Mohr & Family

#### **Elder Haugen**

Andrea Giedt and Family

#### **Marjorie Tarver**

Kristie Estes & Family

#### **Mary Walworth**

Dennis Walworth & Family

## **ADULT DAY HEALTH**

## **CENTER AT BETHESDA**

### **ADHC In-Kind**

### **Donations:**

Karl & Betsy Kosse

## **TOWNE SQUARE/**

## **ASSISTED LIVING:**

### **In Memory of:**

#### **Bernice Beck**

David & Rita Pettigrew

#### **PARKSIDE**

### **RETIREMENT**

## **COMMUNITY**

### **In-Kind Donations:**

Kathy Barr

Ruth Wegehaupt

## **PARKSIDE**

### **RETIREMENT**

## **COMMUNITY:**

Dvonna & Warren Criddle

Vivian Locken

Leo & Cathy Schatz

Anonymous

Buffalo Wings & Rings ~

Aberdeen

### **In Memory of:**

#### **Alice Wegehaupt**

Mary Wegehaupt

## **BETHESDA COMFORT**

## **CROSS PROJECT:**

### **In Memory of:**

#### **Darlene Scott**

Becky Berreth and Family

## **BETHESDA HOME/**

## **ACTIVITIES:**

Judy Bretsch

### **In-Kind Donations:**

Muriel Mattson



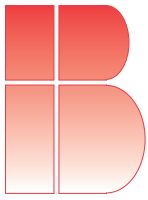
The Thrivent Choice program gives eligible members of Thrivent Financial the power to recommend where some of Thrivent's charitable funds are distributed each year, using a vehicle called Choice Dollars®.

Eligible members are designated Choice Dollars®, which can be directed to thousands of enrolled 501(c)(3) non-profit organizations nationwide, including Bethesda and The Sharing Center Child Daycare and Preschool at Bethesda.

Your Thrivent Choice designation would be greatly appreciated at Bethesda!

To learn more, visit [Thrivent.com/thriventchoice](http://Thrivent.com/thriventchoice). Or contact: Your Local Thrivent Representative

“Thank you for your generosity, support and caring...”



# Bethesda

Providing a Comprehensive  
Continuum of Exceptional Care

*"Exceptional People, Exceptional Care"*

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## Women's Basketball's Greatest Fan!!!

Lois Ristau is a resident at Bethesda Home of Aberdeen and she loves women's basketball! Lois started playing basketball in Warner, SD when she was in 7<sup>th</sup> grade. Her Granddaughter, Miranda Ristau has followed in Grandma's footsteps and played basketball since the second or third grade. Miranda also played for Warner and presently is playing for Northern State University in Aberdeen, SD.

Lois attends almost every home game and her name was recently announced at a game, with her smiling face on the big screen, at the NSU Barnett Center! Lois stated, "I just like watching her play and making those baskets, she can do it!" Miranda's many successes in the basketball arena have included the NSIC All-Conference, NSIC All-Tournament and D2CCA Central Region First Team Awards.

Miranda has worked in the Dietary Department at Bethesda and plans to again this summer. So this is not only a story about basketball, and family, but a story about caring for others. When asked, "What does your Grandma's support mean to you," Miranda replied, "It means a lot to me."



At Bethesda we strive to be good stewards of the gifts and resources that we receive. You can help Bethesda save on mailing costs by receiving an electronic copy of the newsletter, along with event announcements, etc.

Send us an email at [info@bha.cc](mailto:info@bha.cc) Please include your name and email address. THANK YOU!