

Bethesda

Community Newsletter

Summer 2017

"Exceptional People, Exceptional Care"

Our Residents

Beverly McComsey was born in Butler, SD in 1926. She is 90 years old and has been residing at Bethesda Home of Aberdeen since September of 2016. Bev describes Bethesda as "a good place to be."

Bev was a member of the Kings Daughters & Sons that served pheasant sandwiches at the train depot in Aberdeen, during WWII. She said that they served pheasant sandwiches, milk, cookies and apples to the troops that were coming through on the train. Aberdeen has become famous for pheasant sandwiches and great hospitality.

Bev and her husband lived on a farm in the Conde/Brentford area of NE South Dakota. They have six children, 20 grandchildren and 40 great grandchildren. Bev worked on the farm, drove school bus, enjoyed gardening, canning, quilting, sewing, traveling and fishing. Bev's favorite fish is walleye and she has even enjoyed bullheads if they are fried real crisp.

Bev attributes her longevity to "country fresh air and eating healthy foods."

It is so apparent that many of the things that were part of the daily lives of the "greatest generation" are becoming lost arts and lost experiences. We talked about a variety of topics, the past, the present and the future. Our conversation even touched on smart phones, the importance of education, medical advances and being kind to others. Bev's warm smile and kindness to others are appreciated here at Bethesda. Bev stated, "I like people, like to be around people and people here are real nice to me!"



(Check out Pg. 8 of the newsletter for the original recipe for pheasant sandwiches)



Our Programs

Bethesda Sharing Center ~ Child Daycare and Preschool



Why Use a Smart Board

- Interaction increases attention span
- Visual attention increases
- Visual discrimination is refined
- Enhances learning for children who are more visual and tactile learners
- Hand-eye coordination becomes more integrated, and a child who has trouble using a computer mouse can be more successful on the Smart Board

Bethesda Sharing Center has been very busy and we won't be slowing down any time soon! May was a fun month as we enjoyed playing outside. The children love playing in the courtyard. One of the activities we just completed in the courtyard was planting our garden. The children can't wait to enjoy the vegetables come summer time.

The children also enjoyed making Mother's Day presents with the residents of Bethesda Home. They decorated flower pots and planted flowers for their mothers. The residents enjoyed visiting and helping the children plant their flowers.

As an ongoing effort to provide quality child care to the Aberdeen area, we decided to rearrange our classrooms. We can accommodate more infants and toddlers which is a need right now in the community. Our preschool room moved into a smaller room that now has more of a classroom atmosphere.

Education is so critical in the beginning years of a child's life. It is our passion to make sure we offer an educational environment that guides children to be life-long learners by building on social, emotional, physical, spiritual, and intellectual skills.

To make sure we keep up with the most recent methods of learning, Bethesda Sharing Center is fundraising for a Smart Board. It is an educational tool that encompasses a variety of learning methods. We can use the Smart Board to teach reading, math, science, music, and movement. The National Association for the Education of Young Children (NAEYC) is a professional organization that works to promote high-quality early learning for children from birth through age 8. NAEYC says, "When used intentionally and appropriately, technology and interactive media are effective tools to support learning and development."



Andrea Knoll, Environmental Supervisor/Corporate Compliance Officer and Curtis Metz, Environmental Assistant help the Sharing Center children plant the garden at Bethesda!



Brittney Currence
New Director of the
Bethesda Sharing Center
Child Daycare Center
and Preschool

Adult Day Health Center at Bethesda

Community Health & Education Day

In May, a free educational and informational event was held at the Adult Day Health Center at Bethesda.

Information about Bethesda Services were available for the Adult Day Health Center, Caregiver Support Services, In-Home Community Services, Parkside Retirement Community/Independent Living, Towne Square/Assisted Living, and Bethesda Home of Aberdeen. Information and screenings were available including:

- * Blood Pressure Screening
- * Assisted Living Information
- * Incontinence Education
- * Home Safety Education
- * Transferring Demonstrations
- * Walker & Cane Demonstrations
- * Caregiver Support
- * Nutrition Information
- * Nursing Home Information



Director of Nursing, Vicki Conn takes Eldora Morrison's blood pressure during the event. Congratulations to Eldora for winning the door prize, a home blood pressure monitor.



Some of the fathers who are members at the Adult Day Health Center (ADHC) enjoyed special Father's Day activities. The ADHC offers many activities, especially for men, including wood projects, playing cards, men's coffee time, shaking dice, grilling out, discussions about farming, etc. Person-centered care is a priority for all the men and women who receive services at the ADHC.

Funding assistance is available for Adult Day Services, for individuals 60 years and older, through the Dept. of Social Services.

If you or someone you know is in need of the services that are provided at Bethesda's Adult Day Health Center, please contact us at 225-7602

Check out Bethesda's website at www.bha.cc and take a virtual tour!

~ Opportunities for Giving ~

You Can Truly Make a Difference at Bethesda!

The #1 priority fundraising project for 2017 is well underway and you can help us achieve our goal. We have successfully raised \$15,000 of the \$45,000 needed to purchase a new van for Bethesda's In-Home Community Services Program. This program provides in-home care to help people stay at home longer. Reliable and handicap accessible

transportation is a practical need for the clients we serve. If you would like to make a donation, act now and contact us at **(605)377-2722** or email **peggyjolarson@bha.cc**



Wish List 2017

Bethesda In-Home Community Services: Van to Transport Clients and Residents/Handicap Accessible

Bethesda Sharing Center/Child Daycare and Preschool: Smart Board; Playground Equipment; Rocking Chairs/ Glider Rockers; Rugs for Play Areas; Shelving Units; TV/DVD Player; Educational Toys; Sleeping Mats; Table & Chairs; Art Supplies; Games/Puzzles

Bethesda Home/Skilled Nursing Home Care: Hoyer Mechanical Lift for Residents; Hot and Cold Food Service Cart; Hi/Low Electric Beds

Parkside Retirement Community/Independent Living: New Hallway Carpet for All Four Wings; Cordless Vacuum; 2 Large Crock Pots; Large Air Fryer; Outdoor Patio Set; New cushioning and upholstery for dining room chairs; Desk Top Computer for Library

Bethesda Towne Square/Assisted Living: New Dining Room Tables and Chairs

Bethesda Adult Day Health Center: Nu-Step Exercise Equipment; Art Supplies; Popcorn Machine

Caregiver Support Services at Bethesda: Donations for Educational DVD's and Resource Materials

General: Portable CD Players; Voice Recognition-Dragon "Tell Your Story" Software; iPads; Maintenance and Grounds Equipment; Pickup; Skid Steer; John Deere Lawn Equipment; Folding Chairs; Exercise Equipment; AED's; Cordless Sweepers; 30 Cup Coffee Makers; Coffee Carafes; Serving Trays; Roasters; Serving Spoons

Our PRIORITY PROJECTS for 2017 include:

The Bethesda In-Home Care/Community Services ~ Van Project
Bethesda Sharing Center/Child Daycare and Preschool

If you are interested in donating any of the above listed items or to any of our priority projects, please use the enclosed donation envelope or contact us anytime:
(605)377-2722 or email **peggyjolarson@bha.cc**

Bethesda's Annual Community Picnic



Date: Tuesday, June 27th, 2017

Time: 5:00pm-7:00pm

**Join us for an evening of Live Musical Entertainment,
Homemade Pie Auction,
Food, Fellowship and FUN!!!**

Location: Bethesda Home of Aberdeen at 1224 S. High Street
On the Front Lawn (Weather Permitting)

~A free will offering will be accepted~

All proceeds go toward the Bethesda In-Home Community Services Van Project

Please contact Peggy Jo Larson at 377-2722 peggyjolarson@bha.cc by Friday, June 23rd, if you can bring a homemade pie for the PIE AUCTION at the picnic.

**THANK YOU to Cash Wa-Distributing-Aberdeen for the
generous donation of food items for the picnic.**

We hope to see you there!

Bethesda Donor List ~ 2017

FRIENDS OF BETHESDA PROJECT:

Ray & Marcella Andersh
Arlene & Wes Elliott
Phyllis Haselhorst
Bruce & Jan Johnson
Peggy Jo Larson
Howard Swenson

BETHESDA In-Home Community Services

VAN PROJECT:

Amazon Smile
Emmanuel Lutheran Church ~
Groton (Quarterly Giving)
Good Shepherd Lutheran
Church ~ Aberdeen
Phyllis Haselhorst
Richard Maunu
Our Saviors Lutheran Church
~ Redfield
Toni Ristau ~ Network for
Good ~ In memory of Alice
VandenAkker,

Toni Ristau, and other
Friends and Family
St. John's Lutheran Church ~
Hecla
Louise C. Stolle ~ In Faith
Community Foundation
Trinity Lutheran Church Ladies
Aide ~ Houghton
Trinity Lutheran Church ~
Houghton

In Honor of: **Parents and Godparents**

Peggy Jo Larson

In Memory of:

Bernice Beck

Charlie & Ginny Clark

Marian Brooks

Helen Yetter

Vernon Bunsness

Sandra Brink

Charlie & Ginny Clark

Mae Click

Howard Swenson

Phyllis Dennert

Arlen & Ramona Hanson

Melvin Geist

Mae Click

Leonard & Edna

Hottman

Robert & Deloris Fewings

Elder Haugen

Allison Checco and Family

Mae Click

Keith & Kristi Hainy

Chuck & Peggy Hogg

Howard Swenson

Lloyd Kiesz

Charlie & Ginny Clark

Agnes Littrell

Larry Littrell

Millie Miller

Patricia Miller Awad

Lorraine Montgomery

Marcella Andersh

Anonymous

Martin Bettmann

Linda Blair

Leo & Doreen Green

Verla A. Herbert

Pearl Holt

Lavina Hopf

Jerry & Mary Ann Krueger

Kay M. Lapka

Jon & Dana Locken

Mary London

Lela Meirose

David & Rita Pettigrew

Sandra & James Rood

Arthur & Maggie Russo

Bernyl "Ben" Nelson

Nancy Nelson & Family

Gerald "Mike" Osterman

Arlen & Ramona Hanson

Dennis K. and Shirley Larson

Howard Swenson

Leone Peterson

Delwin & Deanna Peterson

Marie Schlosser

Arlen & Ramona Hanson

Allen & Karen Siefkes

Darlene Scott

Allen & Karen Siefkes

Linda Siefkes

Lucille & Clarence

Swenson

Phil & Joanne Swenson

Sharla & Mark Thompson

Howard N. Swenson

Becky & Dwight Althoff

Crystal Swenson

Dean Turnquist

Bertha Turnquist

THRIVENT CHOICE DONATIONS:

Doris A. Bradke
Judith A. Bretsch
Marjorie Cash
Diane Dangel
CW Dennert
Patricia Dennert
Cindy Fleckenstein
Judy M. Gelling
Rodney Jondahl
Linda Miller
Norma Moerke
Roland Moerke
Rev. Richard R. Omland
Lavonne J. Peterson
Sylvia R. Rohrbach
David E. Roth
Joyce K. Skovran
Nancy L. Smith
Gene Svihovec
Howard Swenson
Laura Thompson

THRIVENT ACTION TEAMS:

Ann Aman

OTHER DONATIONS:

CWD ~ Aberdeen
Peggy Jo Larson
Savo Lutheran Church ~
Frederick
St. Paul's Lutheran Church ~
Frederick
Brian Vander Weyst

IN-KIND DONATIONS:

LeRoy Adam
Marion Marske
In Memory of:
Esther Anenson
Joyce Svhovec & Family
Vernon Bunsness
David Bunsness & Family
Lynnel "Lonnie" Daly
Melissa Makela & Family
Rodney Ernst
Family
Mary Geidel
Kelli Meister & Family
Elder Haugen
Andrea Giedt and Family

Larry Mettler

Renae Mettler and Family

Alice Mohr

Milo Mohr & Family

Lorraine Montgomery

Connie Waltman & Family

Phyllis Schnorr

Nancy Upton & Family

Anna Stern

Mae Click & Family

Esther Suiter

Judy Dabney

Marjorie Tarver

Kristie Estes & Family

Susan Tonner

Tom Tonner & Family

Mary Walworth

Dennis Walworth & Family

ADULT DAY HEALTH CENTER AT BETHESDA

Marigene & Dennis Atkins

CWD

Judy Gelling

Christopher M. Klein

JoAnn Klein

Janice Rubino

Sons of Norway ~ Grieg Lodge

No. 1-578 ~ Aberdeen

ADHC In-Kind

Donations:

Karl & Betsy Kosse

TOWNE SQUARE/ ASSISTED LIVING:

Anonymous Donor
Buffalo Wings & Rings ~
Aberdeen

In Memory of:

Bernice Beck

David & Rita Pettigrew

Vernon Bunsness

Marcella & David Bunsness

PARKSIDE RETIREMENT COMMUNITY

In-Kind Donations:

Kathy Barr

Barb Stutenroth

Ruth Wegehaupt

"Thank you for your caring, generosity and support"

Bethesda Donor List ~ 2017 (continued)

PARKSIDE RETIREMENT COMMUNITY:

Dvonna & Warren Criddle
Vivian Locken
Leo & Cathy Schatz
Anonymous
Buffalo Wings & Rings ~
Aberdeen

In Memory of:
Alice Wegehaupt
Mary Wegehaupt

BETHESDA CHAPLAINCY PROGRAM:

In Memory of:
Vernon Bunsness
A.Blair & Linda Tremere

BETHESDA COMFORT CROSS PROJECT:

In Memory of:
Joy Langstraat
Lori & Stewart Bohle
Lyle Paschke
Lori & Stewart Bohle
Louise Treichel
Lori & Stewart Bohle

Darlene Scott
Becky Berreth and Family

BETHESDA SHARING CENTER:

Kessler's Inc. *Dollars for Scholars*
Ken's ~ Aberdeen *Ken's Karing*
for Kids

In Memory of:
Vernon Bunsness
Roger & Shirley Schuller

BETHESDA IN-HOME COMMUNITY SERVICES:

Buffalo Wings & Rings ~
Aberdeen

BETHESDA HOME OF ABERDEEN:

Buffalo Wings & Rings ~
Aberdeen

BETHESDA HOME/ ACTIVITIES:

Judy Bretsch
In-Kind Donations:
Muriel Mattson



By placing an order through Schwans.com and using #33161,
a portion of the sales will come back to support
**Bethesda's Sharing Center
Child Daycare and Pre-school.**

This fundraising campaign will assist in replacing
and purchasing equipment for the children. These items would be
a wonderful gift to our program.

Thank you for supporting
Bethesda's Sharing Center!

1. **Visit** <https://www.schwans-cares.com/c/33161>

2. **Click** "Shop to Give"

3. **Shop** You'll find the perfect meal ideas for
parties and events, all delivered right to your door.

OR CALL Schwan's Home Service at
1-855-870-7208 to make an order!



**THRIVENT
FINANCIAL®**

Connecting faith & finances for good.®

The Thrivent Choice program gives
eligible members of Thrivent Financial
the power to recommend where
some of Thrivent's charitable funds
are distributed each year, using a
vehicle called Choice Dollars®.

Eligible members are designated
Choice Dollars®, which can be
directed to thousands of enrolled
501(c)(3) nonprofit organizations
nationwide, including Bethesda and
The Sharing Center Child Daycare
and Preschool at Bethesda.

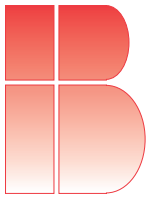
Your Thrivent Choice designation
would be greatly appreciated at
Bethesda!

To learn more, visit Thrivent.com/thriventchoice
Or contact: Your Local Thrivent
Representative

**At Bethesda we strive to be good stewards of the gifts and resources that
we receive. You can help Bethesda save on mailing costs by receiving an
electronic copy of the newsletter, along with event announcements, etc.**

Send us an email at info@bha.cc

Please include your name and email address. THANK YOU!



Bethesda

Providing a Comprehensive
Continuum of Exceptional Care

"Exceptional People, Exceptional Care"

1224 South High Street
Aberdeen, SD 57401-7724
605-225-7580 www.bha.cc

NONPROFIT ORG
US POSTAGE
PAID
ABERDEEN SD
PERMIT NO 29

WWII Pheasant Canteen Aberdeen, SD

Pheasant Sandwiches

3-cups cooked pheasant chopped fine
2-hard cooked eggs-chopped fine
2-carrots grated
½-medium onion finely chopped
½-cup finely chopped celery
2-tsp sweet pickle relish
Salt and pepper
Mayonnaise or salad dressing to blend nicely
Mix all ingredients together. Add dressing to taste, chill.
Spread on sandwich bread.

