

# Bethesda

## Community Newsletter

Summer 2014

*"Exceptional People, Exceptional Care"*

1224 South High Street  
Aberdeen, SD 57401-7724  
605-225-7580

# A Million Thanks!!!



*Greetings from Bethesda!*

We are very pleased to announce that Bethesda has received **ONE MILLION DOLLARS** in donations and pledges to meet our initial goal for the new Adult Day Health Center! We are so thankful and very grateful to our community and our donors for making this a reality!

Our opening is scheduled for FALL 2014. Our campaign for this project continues... Please consider making a donation to this project that will serve so many in the years to come! All donations will be recognized on the DONOR WALL at the new ADULT DAY HEALTH CENTER!



**MAIL YOUR GIFT TO:**

Bethesda at 1224 South High St., Aberdeen, S.D. 57401



**CALL** 1-605-377-2722 anytime!



**GIVE ONLINE** at Bethesda's website [www.bha.cc](http://www.bha.cc)

If you or someone you know is interested in finding out more about the Adult Day Health Center at Bethesda and the exceptional services that will be available, please contact us anytime at **info@bha.cc** or call **225-7602**.

If you would like to be placed on the **WAITING LIST** for the new **ADULT DAY HEALTH CENTER**, please contact us at **225-7602**.

# The New Adult Day Health Center

The new K.O. Lee Adult Day Health Center will have so much to offer for so many...and if you or someone you know is in need of these services, it's only months away! This program is unique and innovative, in that many of the services are the first of their kind in this region of South Dakota. The Adult Day Health Center will provide significant cost savings to individuals and families by allowing them to remain in their home environment.

The program will offer the following services: basic healthcare, personal care services, nursing care, medication and nutrition management, bathing services, hair care and styling, a garden/courtyard as well as a host of social opportunities, a safe and caring environment, therapeutic services and activities.

The Therapy Center located within the Adult Day Health Center will offer physical, occupational and speech therapy. A solo-step system will enhance safe and productive rehabilitation. In addition, a warm water therapy pool, which is the first of its kind in South Dakota, will offer hydro therapy for a variety of conditions. The Hydroworx2000 pool has a floor that raises and lowers to provide wheel chair and walker access to hydro-therapy for individuals with mobility issues.

Vicki Conn, R.N. -Director of MDS and Restorative Nursing at Bethesda will also serve as Nurse Liaison for the new Adult Day Health Center. A team of staff is being put together and that team has been visiting other facilities like the new Adult Day Health Center, in SD and MN. This team is developing programming and services as the fall 2014 opening approaches. Vicki shared, "I think it is very exciting, we have a new facility...but most important is that another level of care will be able to be provided for elderly people in our area." "This program will be here to enrich their lives, provide meaningful activities and additional care so that they can stay at home." "The services and activities will make life a little bit easier for individuals and their caregivers." In discussing the care that each person will receive, Vicki commented, "Individualized services will be based on what each person needs. The activities will be based on prior life experiences, interests and occupations, so that they have meaning for each person. Programming will be changing and growing depending on what the elders in our care want and need."

The new Adult Day Health Center will be joining with five other successful existing programs on the same campus, so that all programs and participants will benefit from shared resources. If the need exists, an individual who receives services in this comprehensive continuum of care would be able to remain connected within the Bethesda organization and receive needed services. Given the Center's broad array of services, the project has significant potential to have tremendous impact on the quality of life experienced by the elderly residents of northeast South Dakota.



*Benefits of Solo Step Therapy*



*Wheel Chair and Walker  
Accessible Pool Deck*



*Bethesda's Warm Water Therapy Pool*

# Bethesda Home of Aberdeen Remodeling Project

Remodeling is scheduled to begin in September at Bethesda Home of Aberdeen. All of the private resident rooms, hallways and common areas will be remodeled and updated. New flooring, paint, additional electrical outlets, and wall covering will be updated during this project. In addition, wall mounted flat screen televisions will be placed in each resident's room.

Bethesda is unique, in that all residents' rooms are private rooms.

Some upgrades have already been installed, including new air handlers and a new emergency generator here at Bethesda.

Thank you for your patience and support during our remodeling and construction. We are looking forward to these new, updated and beautiful spaces for our residents here at Bethesda Home.



*New Air Handlers at Bethesda*



*New Emergency Generator for the Bethesda Campus*



*Bethesda Home of Aberdeen*

If you would like to receive an **electronic copy** of this newsletter instead of a copy thorough regular mail, please send an email with your request, name and address to: [peggyjolarson@bha.cc](mailto:peggyjolarson@bha.cc)



# Our Volunteers

## Bethesda's Volunteer Appreciation Event



*Congratulations to Darlene Heupel,  
Bethesda's Volunteer of the Year*



*Debbie Eisenbeisz,  
Activity Assistant/Volunteer Coordinator  
Entertainment by Ely Rud & Friends  
**Volunteers Needed:***



*Bethesda's generous and  
giving volunteers, enjoying  
the appreciation event*

- Someone to read the newspaper to individuals in their rooms
- Musical Entertainment
- Anyone willing to share their travel experiences with photos and dialogue
- Assistance with Bingo

Check out our full listing of volunteer opportunities at [www.bha.cc](http://www.bha.cc) and click on Volunteers.  
If you are interested in becoming a volunteer at Bethesda, please contact us anytime at [info@bha.cc](mailto:info@bha.cc) or call 225-7580 and ask for the Activities Department!

## Wish List

### Bethesda Home:

- ☐ Hot and Cold Food Service Cart
- ☐ Hi/Low Electric Beds
- ☐ Hoyer Mechanical Lift for Residents

### Parkside Retirement Community:

- ☐ New Carpet for All Four Wings
- ☐ Window Blinds and Drapery
- ☐ New Washers and Dryers

### Bethesda Community Services/

#### In-Home Care:

- ☐ Van to Transport Clients/Residents/Handicap Accessible

### Bethesda Sharing Center:

- ☐ Playground Equipment

### Bethesda Towne Square/Assisted

#### Living:

- ☐ New PA System
- ☐ Camera
- ☐ Wall Decorations
- ☐ Community Room Furniture
- ☐ Nu-step Exercise Equipment
- ☐ Updates to Hallways/Remove Wall Paper Runner/Painting

### General:

- ☐ Therapy Equipment
- ☐ Maintenance and Grounds Equipment: Skid Steer and Pickup
- ☐ General Equipment
- ☐ Furnishings
- ☐ Gift Cards for Staff Appreciation "Random Acts of Kindness" Project
- ☐ Racks of Folding Chairs
- ☐ White Vans to Transport Clients/Residents/Handicap Accessible
- ☐ Portable Industrial Grade Ice Cream Maker
- ☐ Clavinova/Piano for the new Adult Day Health Center

If you are interested in donating any of the above listed items, please contact us anytime at (605)225-7580 or email us at [info@bha.cc](mailto:info@bha.cc)

## What's New At Bethesda? Planned Giving Opportunities at [www.bha.cc](http://www.bha.cc)

Do you and your family have a WILL? Do you and your family have a LIVING WILL and ADVANCED DIRECTIVES? Are you interested in LEAVING A LEGACY?

Check out the NEW PLANNED GIVING INFORMATION on our web site. This information is available through our partnership with Lutheran Planned Giving of South Dakota. Consider signing up for the weekly e-Newsletter! The information is up to date, free and easy to understand. If you have any questions or are interested in making a gift to Bethesda, please contact

Peggy Jo Larson at 605-377-2722  
or [peggyjolarson@bha.cc](mailto:peggyjolarson@bha.cc)

# Our Residents

Doyne Jensen has had a very interesting life!



Doyne's father came from Denmark and his Norwegian mother from Iowa. Doyne is 85 years old and played eight years of football in high school and college, as a fullback. Doyne attended Jamestown College and Northern Colorado University.

He enlisted in the military and served as an instructor at the pentagon in Washington, D.C. from 1952-1955. Doyne described the pentagon as "a very exciting place." In his career, he returned to the Midwest working at several small schools and spent 20 years as Superintendent and Principal in Frederick, S.D.

Doyne was married at age 42 to a wonderful woman named Betty who had three children. Doyne adopted the children and considers them his own.

As an educator, I asked Doyne what advice he would give to young people that are back in school this fall? He said, "Work hard and don't get in trouble." We discussed education and Doyne stated, "It's hard to get along without it."

These are encouraging words for students of every age.

Doyne has resided at Bethesda Home for almost two years and his wife Betty lives at Parkside Retirement Community/Senior Living Apartments at Bethesda. She walks over each day to visit Doyne through the connecting indoor hallway.

Doyne shared that, "The C.N.A.'s work the hardest and really care!" Just then one of Bethesda's C.N.A.'s came into the room and Doyne smiled. She explained that she would be leaving for the day and would be back tomorrow. Doyne received a big hug and said, "There's a good bunch of people around here!"

# Bethesda Donor List 2014

*"Thank you for your generosity, support and caring. . ."*

## **ADULT DAY HEALTH CENTER AT BETHESDA BUILDING FUND**

### **In Honor of:**

#### **Gordon Bunke**

Yvonne Malsam

#### **Karl Lee**

Krestie Lee Utech

#### **Jean Siegle**

David and Rita Pettigrew

### **In Memory of:**

#### **Lois Beckler**

Nancy Stange  
Howard Swenson  
Jeanne Swenson

#### **Veronica Brendel**

George Brendel

#### **Irene Bretsch**

Arlen and Ramona Hanson  
Mavis Howland  
Howard Swenson

#### **Gordon Bunke**

Mavis Howland

#### **Leona Bunke**

Yvonne Malsam

#### **Kathryn Cutler**

Dale and Bonnie Larson  
Dennis and Shirley Larson  
Allen and Karen Siefkes

#### **Harold Dinger**

Mavis Howland

#### **Joyce Dinger**

Mavis Howland

#### **Richard Ellingson**

Howard Swenson

#### **Dale Englehart**

Arlen and Ramona Hanson

#### **Gerry Erickson**

Mavis Eske

#### **Carson Gerdes**

Mavis Howland

#### **Warren Grebner**

Howard Swenson

#### **Dorothy Grote**

Howard Swenson

#### **Bernard Hengel**

Arlen and Ramona Hanson

#### **Leonard and Edna**

##### **Hottman**

Deloris and Robert Fewings

#### **Florence Karlen**

Mavis Howland

#### **Elroy Kaul**

Nancy Stange

#### **Inez Knickrehm**

Arlen and Ramona Hanson

Howard Swenson

#### **Clark Larson**

Arlen and Ramona Hanson

Peggy Jo Larson

Richard and Lawanda Larson

Howard Swenson

#### **Donna Lee**

Howard Swenson

#### **Ruth Leicht**

Sharon Jakober

#### **Vi Lohn**

Mavis Howland  
Howard Swenson

#### **Pastor Al Magnuson**

Mavis Howland  
Allen and Karen Siefkes

#### **Adel McKeown**

Janeen Meier

#### **Pete Ochsner**

June Finley  
Janeen and Larry Meier  
Renata Ochsner

#### **Bob Olson**

Karla and Shawn Chase

#### **Merle Perry**

Janeen and Larry Meier

#### **Alvina Pettigrew**

David and Rita Pettigrew

#### **Norma Pulling**

Vereen Gaughen-Online  
Donation  
Electrolux/David Haas  
Roger and Barbara Legge  
Abnert Lewis  
Russell and Rebecca  
Pederson  
Allan and Linda Pray  
Eileen and Wesley Pulling

#### **Jerry Pulling**

Kenny Pulling

Cindy Tople

#### **Antonia "Toni" Ristau**

Toni K. Ristau-Online

Donation at Network for  
Good

#### **Marvin Robb**

Mavis Howland

#### **Leon Schwab**

Crystal Swenson  
Howard Swenson

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Darlene Scott and Family

#### **Nina Sorenson**

Howard Swenson

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Sandra Brink  
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Marlan and Patricia Matthes  
Daniel and Janet Piovosi  
Carolyn and Craig  
Schaunaman  
Cindy Tople  
Dan Tople  
Leon and Virginia Tobin  
**Van and Vivian Vetch**  
David and Rita Pettigrew

#### **Orion Waterman**

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Mavis Eske  
Allen and Karen Siefkes

#### **Ed "Eddie" Weber**

Daniel and Brenda Geier

#### **Phyllis Wetzler**

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Eric and Annette Ristau  
Jonathan and Gay Ristau  
Allen and Karen Siefkes

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Arlen and Ramona Hanson

#### **Pearl Wilson**

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#### **Evelyn Wormke**

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Dale and Bonnie Larson  
Peggy Jo Larson  
Jack and Maggie Oliver  
David and Rita Pettigrew

#### **Arvin Zinter**

Paul and Cheryl Zinter

## **ADDITIONAL DONATIONS TO THE ADULT DAY HEALTH CENTER AT BETHESDA BUILDING FUND**

Aberdeen Area Community  
Foundation  
Bethesda Annual Community  
Picnic Free Will Offering  
Bethesda Staff Jean Day  
Donations-February 2014  
Robert Bierman  
James and Patricia Cracco  
Kay Dixon

ELCA Foundation-Services  
for the Elderly  
*Endowment Fund Grant*  
Emmanuel Lutheran Church-  
Groton-Quarterly Gifts  
Sue Gates  
Good Shepherd Lutheran  
Church-Aberdeen-Lenten  
Offering  
Grace Covenant Lutheran  
Church  
Kathy Harris  
William S. Lamont  
Peggy Jo Larson-Online  
Donation at [www.bha.cc](http://www.bha.cc)  
Women of the Moose-  
Aberdeen Chapter #178

*Continued on next page*



# Bethesda Donor List 2014 (continued)

Our Savior's Lutheran  
Church-Redfield  
Judy Pehl  
Debra Pool- Monthly Online  
Donations at [www.bha.cc](http://www.bha.cc)  
Elaine Roth  
Howard Swenson-Monthly  
Pledge  
TCF Foundation  
Thrivent Choice  
Clark and Donna Tesky  
Alice Vanden Akker Estate  
Richard and Ginger Westra

## **BUSHELS FOR BETHESDA:**

## **BEEF FOR BETHESDA:**

## **IN-KIND DONATIONS:**

### **In Memory of:**

#### **Anna Binfet**

JoAnn Sanborn

#### **Irene Bretsch**

Edwin Bretsch and Family

#### **Gordon Bunke**

Elaine Bunke

#### **Sylvia Goldade**

Chris Goldade

#### **Beverly Grote**

Connie Egan

#### **Leota Labesky**

Joe Labesky

#### **Marion Lehr**

Allen Lehr

#### **Ardena "Ruth" Leicht**

Tammy Weber

#### **Vi Lohn**

The Family of Vi Lohn

#### **Don Meyer**

Family of Don Meyer and  
Carlsen's Funeral Home

#### **Georgia Papke**

Tim Papke and Family

#### **Esther Patterson**

Richard Patterson

#### **Norma Pulling**

Jerry Pulling

#### **Clarissa Rush**

Kevin Rush

#### **Leon Schwab**

Vicki Breidenbach

#### **Maxine "Max" Smith**

John Smith

## **Alice Vanden Akker**

Marguerite Donaldson

Toni Ristau

## **Betty Vander Vorste**

The Family of Betty Vander  
Vorste

## **Ken Webb**

The Family of Ken Webb

## **Eddie Weber**

The Family of Eddie Weber

## **Irma Wiedebush**

Ellen and Eugene Wiedebush

## **Evelyn Wormke**

Cindy Tople

## **IN-KIND DONATIONS:**

Ron Angerhofer

Sheryl Brown

Polly and Jon Damaska

Mr. and Mrs. Ron Feickert

Good Shepherd Lutheran

Church

Bonnie M. Larson

Larry Littrell

Jean Olson

Janis Pearson

## **STAFF APPRECIATION:**

*"Random Acts of Kindness Project"*

## **DIETARY DEPARTMENT:**

## **BETHESDA SHARING**

### **CENTER:**

### **In Memory of:**

## **BETHESDA SHARING**

### **CENTER:**

### **TOWNE SQUARE**

### **ASSISTED LIVING:**

### **In Memory of:**

#### **Ray Anderson**

Debra Aman and Family for

Towne Square Activities

## **BETHESDA IN-HOME**

### **COMMUNITY SERVICES:**

### **PARKSIDE RETIREMENT**

### **COMMUNITY:**

### **In Memory of:**

## **BETHESDA HOME**

### **ACTIVITIES:**

Judy Bretsch

Jody Bull

Elaine Bunke

### **In Memory of:**

### **BETHESDA HOME/**

### **STAFF:**

## **THRIVENT CHOICE**

### **DOLLARS:**

Margaret Appl

Gregory Beck

Douglas Beilke

Grayce Beilke

Arlowyn Boekelheide

James Boekelheide

Lori Bohle

Judy Bretsch

Marjorie Cash

Vicki Conn

Diane Dangel

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Cindy Fleckenstein

Mavis Howland

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William Roth

Karen Siefkes

Penny Stolle

William Stolle

Ann Taylor

Ruth Ann Weinstein

Sharon Weiss



## **Your community. Your support. Your choice.**

Help support nonprofit organizations that are near and dear to you.

Through Thrivent Choice Dollars®, eligible benefit members of Thrivent Financial for Lutherans can recommend where Thrivent Financial distributes part of its charitable funds each year.

Designated Choice Dollars® can be directed to 501(c)(3) nonprofit organizations nationwide, including Bethesda Home of Aberdeen

Choice Dollars is a part of Thrivent Choice®, a charitable grant program from Thrivent Financial. To learn more, visit [Thrivent.com/thriventchoice](http://Thrivent.com/thriventchoice).

Or contact:

Don R. Miller, CLTC, FIC, Financial Associate  
at 605-725-2025

Greg L. Heupel, LUTCF, CLTC, FIC, Financial Associate  
at 605-725-2025

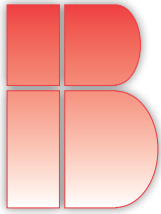
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Thrivent.com

## **Did you know...**

You can keep in touch with your friends and loved ones who are residents at Bethesda by emailing with their name in the subject line to: [resident@bha.cc](mailto:resident@bha.cc). Please share the email address below with your friends and family. It's always nice to get "mail." If you would like to support us in being good stewards and saving on postage costs, please share your email address with us and we will send you upcoming issues of this newsletter via email. Just send an email to: [peggyjolarson@bha.cc](mailto:peggyjolarson@bha.cc) request "electronic newsletter" and we will sign you up to receive this publication. Please feel free to pass on the newsletter to your friends, family and neighbors.

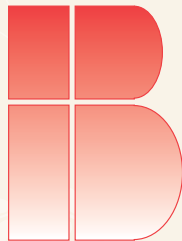


# Bethesda

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Aberdeen, SD 57401-7724  
605-225-7580

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## Bethesda

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Providing A Comprehensive  
Continuum Of Exceptional Care

*“Exceptional People, Exceptional Care”*

Bethesda Home of Aberdeen  
1224 South High Street  
Aberdeen, SD 57401-7724  
Phone: 605-225-7580  
Fax: 605-225-7585  
e-mail: [info@bha.cc](mailto:info@bha.cc)

Bethesda Sharing Center  
1224 South High Street  
Aberdeen, SD 57401-7724  
Phone: 605-225-7596  
Fax: 605-225-7585  
e-mail: [info@bha.cc](mailto:info@bha.cc)

Bethesda Towne Square  
1425 15th Avenue Southeast  
Aberdeen, SD 57401-7726  
Phone: 605-225-7600  
Fax: 605-229-1073  
e-mail: [info@bha.cc](mailto:info@bha.cc)

Parkside Retirement Community  
1324 12th Avenue Southeast  
Aberdeen, SD 57401-7754  
Phone: 605-225-7900  
Fax: 605-225-7585  
e-mail: [info@bha.cc](mailto:info@bha.cc)

Bethesda Community Services  
1324 12th Avenue Southeast  
Aberdeen, SD 57401-7754  
Phone: 605-225-7602  
Fax: 605-225-7585  
e-mail: [info@bha.cc](mailto:info@bha.cc)

K.O. Lee Adult Day Health  
Center  
Opening Fall of 2014  
1403 15th Avenue Southeast  
Aberdeen, SD 57401-7754  
Phone: 605-225-7602  
Fax: 605-225-7585

[www.bha.cc](http://www.bha.cc)