

Bethesda

Community Newsletter

Fall 2016

"Exceptional People, Exceptional Care"

Bethesda's New Bus Has Arrived!!!



To the many generous donors

that made this bus possible!

At Bethesda every gift is significant!

We greatly appreciate our donors for making this new Bus Project a reality! The old bus was over 20 years old and had many, many miles transporting our residents, each and every day. The photo above is our mobile THANK YOU to our donors, and is printed on the side of the bus!

Life at Bethesda

K.O. Lee Adult Day Health Center "Members in Actions"











Celebrating Fishing Week

Laughter enhances the quality of life for our members, here are a few members having fun on our Fun Photo Day!

"We catch the big ones here at the Adult Day Center, we catch memories"

The Adult Day Health Center (ADHC)

Those who participate in services at the ADHC are considered members. Each member is able to remain in their own home and develop their own individualized schedule to attend the ADHC. Members have an opportunity to interact socially with peers, share in stimulating activities, and receive assistance with the activities of daily living, with dignity. Members may also exercise, utilize the warm water therapy pool, and receive physical/occupational/speech therapy at the new Therapy Center at Bethesda.

Caregiver Support Services are also available at the ADHC. Depending on each families situation, the ADHC allows Caregivers to continue working outside the home, receive help with the care of a loved one, and have relief from what can be a "24/7" responsibility.

We recognize that this is a new concept in services for our community and would like to offer you a complimentary trial day of services.

We do have openings available and look forward to assisting you and your family.

We are here to help!

Picnic and Painting on the Patio













Bethesda's Adult Day Health Center hosted an innovative event for caregivers and elders. This event included an old-fashioned picnic meal and therapeutic canvas painting, led by local artist Lora Schaunaman. This event was sponsored by Bethesda and the Aberdeen Area Arts Council.

Our Staff







Linda Miller

~35 Years of Dedicated Service~

Linda Miller will be retiring after 35 years of service at Bethesda Home of Aberdeen. Linda is a LPN and works in Medical Records. In 1981, she applied for a part-time medical records position, which became full-time within the first year. Linda shared that things have "changed immensely" over the last 35 years. Some of those changes include the level of care for residents, the rules and regulations, computerization, technology and electronic health records. Linda remembers a time when there were one or two computers in the office, now there are 60 throughout all the facilities at Bethesda.

When asked what she has enjoyed the most at Bethesda, she replied: "The staff, there are a lot of good, long-term employees here. It has been a great place to work." Linda has made life-long friendships over the years and commented that "Bruce has been an excellent mentor and Administrator, and has given me lots of opportunities." Linda has also enjoyed the residents, and shared that "the residents are the reason any of us are here."

On behalf of Bethesda, we thank Linda for her 35 years of dedicated service!

Baptism at Bethesda







For the first time in the history of Bethesda, family, friends and residents gathered to share in the ceremony of Baptism. Vaughn William Rombs was born on 10-12-15 and Baptized at Bethesda on 6-22-16. Vaughn is the son of Tera Richter and Jason Rombs.

Tera has worked with the Activities Department at Bethesda Home for 16 years. She shared that when her Grandma lived at Towne Square Assisted Living, their family would attend holiday worship services at Bethesda. Tera wanted the residents to be a part of her son's baptism and commented, "This is their home church."

Pastor Chris Anderson is Bethesda's Chaplin and was happy to baptize Vaughn. Tera sees our residents as "family" and will continue to bring Vaughn to Bethesda to interact with residents. What a wonderful gift, a great sense of community, and a joyous occasion!

Opportunities for Giving

You Can Make a Difference At Bethesda!

Bethesda Home/Skilled Nursing Home Care: Hoyer Mechanical Lift for Residents; Hot and Cold Food Service Cart: Hi/Low Electric Beds

Parkside Retirement Community/Independent Living: Microwave; New Hallway Carpet for All Four Wings; Cordless Vacuum; Furniture moving carts

Bethesda In-Home Community Services: Van to Transport Clients/Residents/Handicap Accessible

Bethesda Sharing Center/Child Daycare and Preschool: Playground Equipment

Bethesda Towne Square/Assisted Living: Camera; Storage Shed

K.O. Lee Adult Day Health Center: Nu-Step Exercise Equipment; Art Supplies

General: Maintenance and Grounds Equipment; Pickup; Skid Steer; John Deere Lawn Equipment; Folding Chairs

If you are interested in donating any of the above listed items, please contact us anytime at (605)225-7580 or email us at info@bha.cc

Amazon Smile

When making online purchases through Amazon, designate Bethesda Home of Aberdeen and a percentage of your purchase will be donated to Bethesda!



Remember, always start at <u>smile.amazon.com</u> and Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases.

You can donate to Bethesda, everytime you make an online purchase on Amazon.com! Just sign up with Amazon Smile and designate **Bethesda Home of Aberdeen**.

It's easy, takes only a couple of minutes and does not cost you anything. The proceeds help with designated fundraising projects for our residents here at Bethesda.

Thank you in advance for supporting Bethesda!

Chamber for Good



Check out the
Aberdeen Chamber of
Commerce website at:
www.aberdeen-chamber.
com and look for
Bethesda's listing.
You can donate locally and
truly make a difference!

Thrivent Choice



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Events at Bethesda

Bethesda's Annual Community Picnic

This year's picnic on the lawn at Bethesda Home was a great success! Great weather, great live music and of course 500 great guests! This year a homemade pie auction was held and was a very successful part of this event. Some pies went for \$100!!!

Thank you to all the wonderful bakers that donated pies!



Employee Training at Bethesda



All employees at Bethesda recently completed training in a variety of subject areas such as emergency procedures, infection control, safety procedures, resident rights, mandatory reporting, effective communication, and care of individuals with unique needs, etc. According to Stephanie Herman R.N., Bethesda's In-service Coordinator, "Continuing education is the key to

success for any organization." In addition, all Departments at Bethesda also have specialized training throughout the year. Bethesda employs 250 part-time and full-time staff, and cares for 250 residents/clients each day. Our staff are truly trained professionals!

Join us for a night of FOOD and FUN!!!



Buffalo Wings and Rings in Aberdeen, SD is a proud supporter of the local community. Come support Bethesda's Sharing Center/ Child Daycare and Pre-School and the K.O. Lee Adult Day Health



Game Time Just Got Better.®

Center and 10% of your check will be donated to Bethesda.

There is something on the menu for everyone!

WHEN: Thursday, October 6th and Thurs. Nov. 3rd 5-8pm

WHERE: Buffalo Wings & Rings, Aberdeen, SD We look forward to seeing you there!

Our Donors ~ 2016

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CWD ~ Annual Community Picnic NESD Area Health Education Center

Brian Vander Weyst

"Thank you for your generosity, support and caring..."

Continued on next page

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Bethesda

Providing a Comprehensive Continuum of Exceptional Care

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Car Accident, Therapy to Home Again!



Dallas Sombke, a professional Auctioneer, was a guest Auctioneer for the Pie Auction at the Summer Picnic this past June.

In the fall of 2015 Dallas Sombke was traveling out west to his winter home, while traveling through Texas, Dallas was involved in a severe automobile accident. Dallas's prognosis was not good; he had several broken bones, a punctured lung and a head injury. Dallas encountered several surgeries while hospitalized in the Trauma Hospital in Texas. Dallas was eventually transferred to a Hospital in Sioux Falls to be closer to family and continue his rehab. After calling Sioux Falls his home for three months Dallas was able to be transferred to Bethesda Home of Aberdeen. At that point it was unsure if Dallas would ever be able to walk again. Dallas worked with Bethesda's Therapy Department to strengthen his legs and muscles to gain his mobility to walk again. The nursing staff kept him on his toes with different activities that kept him engaged in walking on his own to strengthen those muscles. Dallas was discharged from Bethesda Home after only three months to go home with some assistance. Today Dallas is enjoying the time he can come to the K.O. Lee Adult Day Health Center for health care assistance, where he can be active.