

Bethesda

1224 South High Street
Aberdeen, SD 57401-7724
605-225-7580

Community Newsletter

Fall 2012

"Exceptional People, Exceptional Care"

Our Mission

Responding to God's grace for us and for all, we care for the very young, the elderly, the ill and the aging.

Bethesda strives to promote a community like quality of life by providing a continuum of affordable health care services, housing alternatives and community services in a Christ centered environment.

Bethesda seeks to be the leader in developing and providing quality lifestyle options for aging persons, and to continuously evaluate and improve our services.

All of our activities embody the Christian values we place on people, organizational and personal growth, responsibility, and leadership, while demonstrating our concern for the physical, emotional, and spiritual needs of older adults, young children and their families.

Our Residents

On a recent outing with the Bethesda Towne Square Assisted Living residents and staff we visited Storybook Land here in Aberdeen. It was a beautiful day and little did I know that this pleasant trip would turn into a treasured experience. The residents enjoyed a train ride, seeing the sights, and a delicious picnic lunch. This was the day that I met Ben Benson.

Ben Benson has been a resident at Bethesda Towne Square since March of 2012. He is 91 years young and describes Bethesda as "a good place to be...they take real good care of us."

Ben talked with me about his parents immigrating to the United

States
from
Sweden. He
talked
about

his family, his work and the community of Aberdeen. Ben said, "Storybook Land is one of the best things to ever happen in Aberdeen." Little did I know that I was in the midst of greatness. Ben Benson was instrumental in the vision and development of Storybook Land the The Land of Oz in Aberdeen, SD. Ben's humility, gentle voice and warm smile made the stories come alive. When I told Ben that it was a great accomplishment and something to be proud of, he of course credited others and said with a smile, "It was my pleasure."



Written By PJL

Building Project Update

Adult Day Health Center at Bethesda

Our mission seeks to have Bethesda be the leader in developing and providing an exceptional and comprehensive continuum of care. Bethesda is moving forward in planning for the new adult day health center. Architectural drafts of the new facility are being reviewed. Being progressive and anticipating future needs in our community is part of the Bethesda mission.

We are pleased to announce that we have raised \$580,000. In addition, a generous matching funds gift of \$200,000 has been given to Bethesda. Any gift

or pledge that is made to the new building project can be doubled through this gift. Over \$11,200.00 in matching gifts have already been received! Someday we or someone we know may need the services that Bethesda provides. We would greatly appreciate your consideration in joining with us in caring for others..

With the support of our communities, construction could begin as soon as the summer of 2013. Gifts can be made in many ways. Most gifts can have tax advantages and benefit others at the same time.

Conceptual Architectural Design



~Matching Funds are Still Available to Double Any Gift~

Opportunities and ideas for giving ~ How can I help?

____ Enclosed is my gift of \$____ to help provide for the programs and services provided by Bethesda.

____ Enclosed is my gift ____ in memory of, ____ in recognition of, ____ in honor of,

____ Please send me information I/we can review to consider the possibility of:

____ Including Bethesda in my/our estate planning

____ I/We have already included Bethesda in my/
our estate plan

____ Considering a Charitable Gift Annuity

____ Considering a Charitable Remainder Trust

____ Considering a Gift of Grain or Livestock

____ Considering a Gift of Land or Property

____ Inviting a speaker to our church/organization

____ Learning about volunteer opportunities at
Bethesda

____ Inquiring about services at Bethesda for myself
or someone I know

____ Consider Bethesda's comprehensive continuum
of care for yourself or a loved one

____ Keeping Bethesda, our residents and staff in
your thoughts and prayers...

Name _____ Mailing Address _____

City, State, Zip _____

Phone _____ Email Address _____

Please mail this form with your check or request for information to:

Bethesda, 1224 South High Street, Aberdeen, SD 57401 or contact us at 1-605-225-7580; If you have made a legacy gift or want more information about your planned giving options, please contact Bruce Johnson, Administrator at 1-605-225-7580 or Peggy Jo Larson, Director of Development and Community Relations at 1-605-377-2722.

Thank You for your support!

Messages from our Donors

"I turned "50" this year and had a wonderful surprise celebration with my family and friends. I decided to give \$50.00 to Bethesda in recognition of this milestone in my life."

Donor

"This year our family is giving their annual donation to the new Adult Daycare project, so that our gift can be doubled with the matching funds that are available."

Donor

"Bethesda took such good care of my mom, we sent the memorial gifts we received to Bethesda so they can continue caring for others."

Donor

"We donate throughout the year, by giving to Bethesda in memory of those friends and loved ones who have passed away."

Donor

Welcome to Peggy Jo Larson



Peggy will be serving Bethesda as the new Director of Development and Community Relations

Bruce Johnson, Administrator at Bethesda, has appointed Peggy Jo Larson, M.S. Ed., to the position of Director of Development and Community Relations. Peggy brings experience working with people in a variety of settings. Peggy has worked with non-profit organizations, foundations and boards throughout her career. She has experience in the area of program development, building relationships and marketing strategies. We are delighted to welcome Peggy to Bethesda. We would also like to thank Mary Gederos for her service to Bethesda as former Development Director and wish her the best in her retirement. For more information about the Bethesda Foundation, please contact Peggy Jo Larson at peggyjolarson@bha.cc or call (605) 225-7580.

Bethesda Community Services

“Stay Well, Stay Home”

Bethesda Community Services provides compassionate in-home care that helps seniors live happy, fulfilling lives in the comfort of their own homes. Our wide range of exceptional services promote independence and wellbeing. All of the services are offered to keep minds, bodies and lives active, happy and healthy.

Services are individualized and may include:

- *Companion Care*
- *Listen, Laugh, Talk and Be a Friend*
- *Shopping & Errands*
- *Transportation*
- *Accompany to Appointments*
- *Assistance with Pet Care*
- *Dementia Care*
- *Massage Therapy*
- *Personal Care*
- *Medication Reminders*
- *Housekeeping & Meal Preparation*
- *Grooming and Hygiene*
- *Service/Care Coordination*
- *24-Hour Care*

The Bethesda Community Services staff include CNA's and RN Supervisor, Deb Rice. All employees have comprehensive training, ongoing in-service training, background checks and continuing education. Deb Rice states that “Community Services meets people where they are.” There are no long-term contracts and a variety of services are available. Not all families live nearby and having someone come into the home, make an assessment of needs and create a care plan is the first step. The care plans are based on individual needs and wishes.

Deb Rice shared “the bond that develops is not just between client and caregiver, but between real people.” “The most important thing about Bethesda Community Services is the compassion that our staff share in those one to one relationships.”

If you or someone you know would benefit from in-home services by trained CNA's (Certified Nursing Assistants) please contact us for a FREE consultation.

Services are available on a temporary, permanent or as needed basis. Anyone can make referrals to Bethesda Community Services. For more information contact Deb Rice, R.N. at 225-7602 or info@bha.cc.

Bethesda continues to be progressive . . .

At Bethesda, implementation of electronic medical records is in progress. Bethesda Home of Aberdeen, Director of Nursing, Jody Bull reports that the transition includes interdisciplinary notes, physician's orders, and medications. The electronic medical record is an integral part in continuing to provide excellent care for our residents.

Bethesda Sharing Center

The Bethesda Sharing Center is a child daycare facility that has been caring for children here at Bethesda for over 30 years. Director, Shelly Buckmeier stated that "The Sharing Center is unique because of the intergenerational aspects of the program that offers services for children and for elders in our community. Shelly shared a heartwarming story about her granddaughter, who is now eight years old, and had a very special relationship with one of the "grandpas" here at Bethesda. She described them as "Best Buddies." Pre-school children and our residents at Bethesda have a variety of weekly planned activities like art projects, cooking and reading. These supervised opportunities benefit the elders and the children in our care. Throughout the week, you can observe wonderful interactions with children and elders greeting each other and enjoying activities together. The Bethesda Sharing Center also is a site for four elders from the Foster Grandparents Program.

The Bethesda Sharing Center offers individualized and developmentally appropriate activities for children 4 months to 10 years of age. This year they are incorporating a new curriculum that will focus even more on individualized programming for each child.

Shelly, who has served as the Director of the Bethesda Sharing Center for seven years, says that it takes a "real passion" for the work that she and her co-workers do here. She said, "...watching children learn and grow and developing relationships with the children and their families" are the most rewarding parts of being a staff member at the Sharing Center.

Our Sharing Center Sponsors many fundraising activities throughout the year and is always appreciative of donations. The Sharing Center collects Ken's and Kessler's receipts that can be turned in at the main office at Bethesda and the Sharing Center receives 1% back.

If you or someone you know is in need of quality childcare services, please contact us anytime. For more information contact Shelly at 225-7596.

DID YOU KNOW...

You can keep in touch with your friends and loved ones who are residents at Bethesda by emailing with their name in the subject line to: **resident@bha.cc**

Please share the email address above with your friends and family. It's always nice to get "mail."

If you would like to support us in being good stewards and save on postage, please send an email to: **peggyjolarson@bha.cc** and request "electronic newsletter." We will sign you up to receive this publication via email. Please feel free to pass the newsletter on to your friends, family and neighbors.

Our Staff



Bethesda's 2012 Employee of the Year is Leone Jondahl

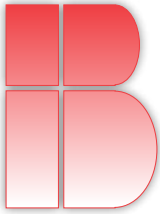
Leone has worked as receptionist at the front desk in the main lobby at Bethesda for four years. Leone has been married to her husband Rodney for 34 years and has a daughter Lori, son Cory, daughter-in-law Donna, and three grandchildren. Leone enjoys sewing, decorating, organizing, spending time with family, attending local sporting events and reading when she is not sharing her skills at Bethesda. Leone states that, "The most meaningful part of my job is being a part of Bethesda's high quality of care given to the residents that reside here. I thoroughly enjoy visiting and greeting the residents, families and all who enter Bethesda, offering my help and direction if needed."



Stephanie Lux, R.N. is the 2012 Walter Jerde Award Recipient

This award recipient is also nominated and chosen by her co-workers. Stephanie has worked at Bethesda for five years as a CNA. She recently graduated from Presentation College and is the oldest of three siblings. She enjoys fishing and spending time with her friends. When asked, what she would like people to know about Bethesda, Stephanie responded, "We're one of the best, we get a lot of compliments from residents and family members." "The people that work here are always willing to help each other." Stephanie says that the most meaningful part of her job is, "Knowing we've helped those who can't always care for themselves."

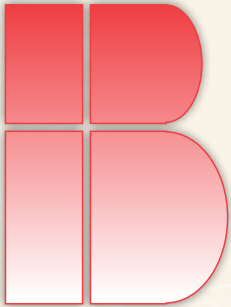
Bethesda is honored to recognize two of our exceptional staff members for outstanding service. We appreciate every one of our two hundred employees and this is one way that we recognize employees throughout the year.



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Bethesda

"Exceptional People, Exceptional Care"

"Providing a comprehensive continuum of exceptional care"

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