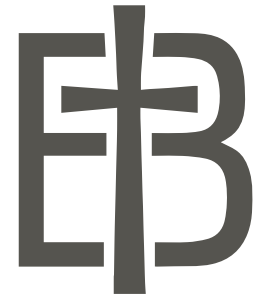


EB Bethesda

Community News
Fall, 2019



Bethesda Aberdeen: Providing Innovative Senior Living Options for Today's Family

BETHESDA HOME OF ABERDEEN RECEIVES 5-STAR QUALITY RATING

Bethesda Home of Aberdeen was recently awarded a **5-Star Quality Rating** by the US government. Nursing Home Compare (NHC) provides quality ratings to each of the nation's Medicare and/or Medicaid-certified skilled nursing home facilities.

Scott Eisenbeisz, Bethesda Aberdeen CEO/Administrator, noted that each facility is rated on a continuum from a low (1 star) to the highest possible ranking of 5 stars.

"The Five-Star Quality Rating System is purposely designed for consumers, families and caregivers to more effectively compare nursing home options," Eisenbeisz stated. "Our dedicated staff at Bethesda Home considers the 5-Star Quality Rating a true validation of the standard of care we strive to provide to our residents each and every day."

According to NHC guidelines, nursing homes with 5-star ratings are considered "much above average

quality" when comparing aspects of care. Each facility receives one overall rating, and separate individual ratings based upon health inspections, staffing levels and other quality measures.

The goal of the universal rating system is to determine how well a nursing home is caring for residents' physical and clinical needs.

For more information about the NHC 5-Star Quality Rating System: www.medicare.gov

WE LOVE VOLUNTEERS - CONSIDER JOINING US!

Bethesda Aberdeen is always looking for compassionate and quality volunteers (of all ages) to enrich the lives of our residents.

A few of the available Volunteer Opportunities include:

- ~Musical Performers
- ~One on one visitors
- ~Culinary Help
- ~Art/Craft projects
- ~Group/Game Help
- ~Coffee Servers
- ~Mending/Sewing
- ~Maintenance
- ~Childcare

Please contact April Wirth, Director of Employee Environment to learn more about our many volunteer positions at Bethesda Aberdeen.

Take the \$50 for 50 Challenge!

We're challenging all new and current donors (individuals, businesses and organizations) to make a donation in \$50 increments (\$50, \$100, \$500, \$1,000 or greater) in honor of **Bethesda's 50 years of service** to the community/region.

All **\$50 for 50 Challenge** donations will be designated to the Foundation's Endowment Fund for future expansion of programs, services and facilities to meet the ever growing and changing senior living needs of our region.

Read the latest news on our website.

Our redesigned website is easy to navigate. Find information, application forms and contacts for all of our programs and services at Bethesda.

April Wirth: 605-377-2726 or aprilwirth@aberdeenbethesda.org

www.aberdeenbethesda.org

Bethesda Spaghetti Supper

Sunday, Nov. 10th

4 - 7 pm

K.O. Lee Adult Day Health Center

Bring the whole family!

Free-will donation

Proceeds designated for programs and services at Bethesda Aberdeen.



GENERATIONS OF LOVE AT BETHESDA ABERDEEN



Rashel Newman has worked at Bethesda Home of Aberdeen for 13 years.

“I’ve always loved caring for people and being a CNA, then medication aide, came to me naturally,” stated Rashel. “I’ve worked at other facilities and none compare to Bethesda, it’s definitely a great place to work.”

All of her children (Dylan 12, Abygail 3, and Alyssa 1) have attended the **Sharing Center Day Care and Preschool**.

“It’s so nice to have a daycare right where I work, open the hours I need. They always do such a great job. And, it’s fun to see residents’ smiles when they see the daycare children.”

Rashel’s love for Bethesda isn’t only as an employee and mom. Rashel’s grandmother, Marcia Carls and her significant other Roger Ackerman, moved to

Aberdeen in 2016. Marcia wanted to be closer to her daughter, Jane Gardner.

Rashel noted, “We did our best to take care of grandma, but she fell one too many times and her dementia worsened.”

They visited the **K.O. Lee Adult Day Health Center** and were amazed at the available services.

“We didn’t think we could afford a place like Adult Day, but they helped us find available financial assistance; it made everything possible, even transportation.”

Marcia went to Adult Day 3-times a week where she received therapy, whirlpool baths, had lunch and socialized with others.

This past Christmas, Marcia fell again and could barely walk. The family knew they could no longer take care of her at home. Marcia moved into **Bethesda Home** on her 80th birthday in January.

“Since she was already attending Adult Day, the transition was smooth to the skilled nursing facility,” said Rashel. “It’s been a big adjustment, but my family feels so blessed to have her at Bethesda Home. She is already stronger and looks great!”

Marcia has lived in Aberdeen off and on during her life. She recently moved into a larger room at Bethesda Home, right next door to one of her best friends of 40 years!

The best part is bringing my family to see their great-grandma in her home, and it really feels like home.

We are truly thankful for Bethesda Aberdeen.

Rashel Newman

K.O. LEE ADULT DAY HEALTH CENTER AT BETHESDA ABERDEEN AUTHORIZED AS HOPE WAIVER PROGRAM PROVIDER

The Department of Human Services (DHS) Division of Long Term Services and Supports (LTSS) is committed to ensuring that South Dakotans can live and receive services in the most integrated setting according to the individual's preferences and needs.

The Hope Waiver Program is designed to maximize the opportunities for participants in Home and Community Based Services (HCBS) programs.

In an effort to make progress toward this initiative, LTSS recently expanded and enhanced home and community-based services for individuals eligible for the HOPE Waiver.

“K.O. Lee Adult Day Health Center at Bethesda focuses on healthy aging and provides family caregivers a unique option of short-term, daily skilled nursing care for a loved one in a

welcoming environment; to be authorized as a Hope Waiver Program provider greatly expands opportunities for clients and caregivers in our region,” noted Scott Eisenbeisz who serves as the CEO /Administrator for Bethesda Aberdeen.

The K.O. Lee Adult Day Health Center is specifically designed for seniors who need supervision and stimulation between 8 am and 5 pm while their primary caregiver is at work, running errands or enjoying some personal time. Instead of staying at home alone, clients enjoy social interaction and recreational activities in a safe and supportive environment.

Hourly rates are available to meet each family’s daily care needs.

“The K.O. Lee Adult Day Health Center offers area families an innovative alternative to Assisted Living and Nursing Home Care.

Our team provides a variety of on-site health care services each day to assist our clients and their primary caregivers.”

*Charity Pionk
Director*

For a complete list of Adult Day available services and amenities, please view our website at www.aberdeenbethesda.org

To learn more about the funding assistance available through the Medical Hope Waiver Program and/or Title IIIIE for individual’s age 60+ years of age, please contact Director, Charity Pionk at 605-225-7602 or email charitypionk@aberdeenbethesda.org

Thank you to everyone who sponsored a planter this spring!

Your gift brightened our facility and put smiles on our residents' faces all summer!

And, thank you to the Denim and Dust 4-H members for completing our project by planting the flowers in our new planters and cleaning up our patio. This is simply one great example of our outstanding donors and volunteers!

THANK YOU TO OUR AMAZING VOLUNTEERS!



During the month of July – over 80 volunteer hours were given in support of our residents!

A GRAND RE-OPENING!

Residents and guests were recently welcomed into the newly renovated Bethesda Home dining room . . . Past Thymes.

“Resident engagement is key to creating a more pleasing culinary experience. The newly restructured dining room is designed to feel like home,” stated Pam Miller, Co-Director of Culinary Services.

From fresh paint in soothing colors tones accented with chic décor to linen table cloths and napkins, no detail was too small in this renovation.

Amanda Swearingen, Co-Director of Culinary Services added, “The opportunity to gather together around a meal in a comfortable setting is key for any family; including our resident family at Bethesda Home.”



At the grand re-opening of Past Thymes, the culinary team showcased their new uniforms!

Before . . .



and after!



See more video and photo footage of the grand reopening on the Bethesda Home of Aberdeen Facebook page!

CHEERS TO 50 YEARS . . . OF INNOVATIVE SERVICES!

Bethesda Home opened its doors nearly 50 years ago on December 26, 1969, as a skilled nursing care facility on a 22-acre campus in Aberdeen. Our growth is thanks to the vision and dedicated support by many.

Our Growing Services:

In 1981, the **Bethesda Sharing Center** opened to provide child care to employees; later expanded to the community including daycare and preschool.

In 1985, a vision for a continuum of care was recognized and Bethesda Parkside Apartments were established. (Renamed **Parkside Retirement Community** at a later date.)

In 1997, **Bethesda Towne Square** was opened to provide assisted living services to meet the need for services between our nursing facilities and apartments.

In 2001, Bethesda Home completed a renovation to provide private rooms for all residents. In 2008, **Bethesda In-Home Community Services** were added to provide care for people in their home environment.

The **K.O. Lee Adult Day Health Center** opened in November 2014 and provides customized care to stay at home longer.

We appreciate our 12 area ELCA Lutheran churches and our

nine-member board elected from these congregations who faithfully guide our growth.

- ~Bethlehem Lutheran, Aberdeen
- ~Emmanuel Lutheran, Groton
- ~Good Shepherd Lutheran, Aberdeen
- ~Our Savior’s Lutheran, Redfield
- ~St. James Lutheran, Leola
- ~St. John’s Lutheran, Hecla
- ~St. John Lutheran, Warner
- ~St. Paul’s Lutheran, Frederick
- ~Savo Lutheran, Frederick
- ~Scandinavia Lutheran, Aberdeen
- ~Trinity Lutheran, Houghton
- ~Zion Lutheran, Aberdeen

Thank you to our many donors who graciously provide gifts to Bethesda Aberdeen. In this edition, we gratefully acknowledge gifts given from Sept., 2018 through July 5, 2019. Every effort has been made to ensure accuracy of each donor's name and gift! If your name has been omitted or spelled incorrectly, please accept our apologies and notify us at 605-225-7580 or email info@aberdeenbethesda.org.

Donations Given:
9/1 - 12/31/18:

Adult Day Health Center Donations:

Sons of Norway
Roger & Marjorie Ormand
William & Dianne Altfillisch
Deborah Conver
Chili Cook Off Proceeds
Lori Seaman
Jim Herman

In Honor of/Given by:

Janice Peterson
Gary & Janice Peterson

Bethesda Home Donations:

Jesse Dahl
-Benevity Community Impact Fund
St. John Lutheran Church (Warner)
Drake & Diane Kary
St. James Lutheran Church (Leola)
Amazon Smiles
Keith & Julie Kayser
Scandinavia Lutheran Church (Aberdeen)
Judy & Miles Bretsch
Scott & Michele Bretsch
Emmanuel Lutheran Church (Groton)
Delores Anderson
SAVO Lutheran Church (Frederick)
St. Johns Lutheran Church (Hecla)

In Memory of/Given by:

Susan Ackerson
Howard Swenson

Serine Althoff
Howard Swenson

Jerry Bierman
by Colleen Anderson

Edwin Bretsch
Arlen & Ramona Hanson
Adam & Yvonne Malsam
Howard Swenson
Elaine Bunke
Clifford & Teresa Elsen

Marian Brooks
by Gregory & Helen Yetter

Doris Gerharter
Howard Swenson

Marilyn Littrell
Larry Littrell

Ardath May
Daniel & Candace Kauffman

Beverly McComsey
Sandra Brink

Elaine Roth
David & Barbara Ingalsbe

Olivia Schock
Lavina Hopf

Craig & Karen Swenson
Crystal Swenson
Howard Swenson

Nancy Stange

Marie Tesky
Clark & Donna Tesky

Kenneth Thompson
Laura Thompson

Rev. Robert Vevele
Robert Janssen

Friends of Bethesda Home:
Marjorie Cash

Bethesda Home Activities Donations:

Judy Bretsch
Trinity Ladies Aide (Frederick)

In Memory of/Given by:

Susan Ackerson
Linda Miller

Edwin Bretsch
Tera Richter
Allen & Karen Siefkes
Mary Ann Reitmeir
Jean & Kit Christensen
Douglas & Diane Dangel
Jean Rahja
Lonny & Brenda Bahr

Courtyard - In Memory of/Given by:

Susan Ackerson
Richard & Janice Jasmer

Bennie & Margaret Benson
Linda Benson

Donald & Millie Miller
Patricia Awad

Thrivent Choice:

Linda Miller
Laura Thompson
Grayce Beilke
Karen Siefkes

Bethesda Towne Square Donations:

Janene Whitters

In Memory of/Given by:

Frieda Weisz
Wendy Guthmiller

Donations given 1/1-7/5/19:

Adult Day Health Center Donations:

Lori Seaman
Roger & Marjorie Ormand
Sons of Norway
William and Dianne Altfillisch
Noreen Lefor
Mother's Day Event Proceeds

In Memory of/Given by:

Clarence & Lucille Swenson
Phil & Joanne Swenson & family
Mark & Sharla Thompson & family
Howard Swenson
Dwight & Rebecca Althoff & family
Crystal Swenson

Bethesda Home Donations:

Emmanuel Lutheran Church (Groton)
Kim Kirnan and Barbara Thomas family
Miles and Judy Bretsch
Jesse Dahl
-Benevity Community Impact Fund
Amazon Smiles
Keith and Julie Kayser
Good Shepherd Lutheran Church (Aberdeen)
Our Savior's Lutheran Church (Redfield)
Howard Swenson
Mike Weber

In Honor of/Given by:

Bruce Johnson's Retirement
Howard Swenson

Comfort Crosses:

In Memory of/Given by:

Pam White
Lori & Stewart Bohle

Bethesda Home:

In Memory of/Given by:

Edwin Bretsch
Miles & Judy Bretsch

Julius & Hildegard Gugel

Jim & Deb Nelson
& family

Joyce Helberg
Howard Swenson

Marjorie Hofer
Howard Swenson

Matilda Kiesz
Viola Tetherow

Cindy Koerner
Howard Swenson

Betty Liedtke
Jim Bonnes
James Malsom
Larry & Diana Anderson
Jacki Koehler

Jack Mahan
Howard Swenson

Nadean Nelson
Viola Tetherow

Arlyce Ogren
by Howard Swenson

Jim "Allen" Olson
Viola Tetherow

Ristau, Bergh and Rogers
Family Members
Toni Ristau/Network
for Good

Doug Rogers
Muriel Pigors

Cathy Schatz
Dean & Dolores
Boekelheide

Wilbert Schultz
Linda & William Roth

Leone Spitzer
LaVina Hopf

Melvin Weide
Viola Tetherow

Anne Wells
Fred & Sherry Wells
David & Nancy Eckert
John & Mary Weygaerts
Jancy, Tyson & Eligh Wells

Rev. Orval Westby
Howard Swenson

Friends of
Bethesda Home:
Ray & Marcie Andersh

Bethesda Home
Activities Donations:
Judy Bretsch

In Memory of/Given by:
Edwin & Irene Bretsch
Miles & Judy Bretsch

Delores Fischer
Darlene Schnaidt

Vi Lohn
Miles & Judy Bretsch

Jim "Allen" Olson
Miles & Judy Bretsch

Doug Rogers
Ray & Deb Gross

Cathy Schatz
Uncle Matt

Flower Pot Project:
Our Saviors Lutheran
Church (Redfield)
Janel and Curt Hoeltzner
SAVO Lutheran Church
(Frederick)
Jim and Bobbie Buechler
John and Linda Fritz
SAVO Lutheran Church -
Women's Group
(Frederick)
Lori Seaman

Good Shepherd
Lutheran Church
(Aberdeen)
St. John's Lutheran
Church (Hecla)

In Memory of/Given by:

Joyce Fortin
Dawn Hall & Pink
Ladies Dart League

Verna Kappes
Todd & Ann Langbehn

Thrivent Choice:

Diane Dangel
Bruce A. Johnson
David Roth
Janelle Brown
Darlene Finnesand
Iver Finnesand
Sarah Sandvick
Gene Svihovec
Ruth Ann Weinstein
Judy Bretsch
Marjorie Cash
Vicki Conn
Oriett Crawford
Jerrol Erlenbusch
Cindy Fleckenstein
Rodney Jondahl
Roland Moerke
Sylvia Rohrbach
Thomas Sandvick
Allen Siefkes
Karen Siefkes
Penny Stolle
William Stolle
Joyce Svihovec
Sharon Weiss
Martin Bettmann
James Boekelheide
Lori Bohle
Dorene Borchard
Miles Bretsch
Barbara Crawford
Diane Dangel
C W Dennert
Pat Dennert
Darrell Emery

Judy Gelling
Janet Johnson
Linda Miller
Lavonne Peterson
Sharolyn Jondahl
Howard Swenson
Laura Thompson
Elizabeth Knepke
Rev. Richard Omland
David Roth

Sharing Center

Donations:

Ken\$ Karing for Kid\$
Kesslers Dollars
for Scholars

Thrivent Choice:

Lori Bohle
Michelle Buckmeier

Bethesda Towne
Square Donations:

Table/Chairs:
Lena Schornack
Holgerson

Inkind donations:

9/14/18 - 07/05/19:

Baked Goods: Robert &
Delores Roth

Incontinent Products:
Sandy Zok

Flowers: Family of
Jim Knecht

Apples: Dan Yost

Flowers, Furniture,
Misc. Items: Family of
Loretta Huber
(by Arlyn Schaible)

Recliners: Mike &
Lorrie Weber

Furniture & Misc.
Items: Family of
Susan Ackerson
(by John Ackerson)

Pens: Mary Amacher

Plywood Pieces:
Barney Bryant

BETHESDA ABERDEEN FOUNDATION:

The Bethesda Aberdeen Foundation is dedicated to raising funds and awareness to advance Bethesda's mission of caring for others. The Foundation works

with donors regarding charitable giving options that best fit their philanthropic goals. Since opening in 1969, Bethesda has expanded services thanks to the

generosity of those who enthusiastically support our ministry of service. At Bethesda, every gift is significant as we strive to meet the needs of today's family.

The Bethesda Foundation is designated as a 501(c)3 charitable organization by the Internal Revenue Service. Learn more about planned giving options at www.aberdeenbethesda.org

Misc. Items: Family of April Rauscher

Christmas Decorations: In Honor of Irene Kopetsky (by Darlene Dosch)

Coffee Server: Sharon Paranto

Cards for Residents: Carol Hein

Recliner/Flowers: Family of Delores Fischer (by Darlene Schnaidt)

Clothing: Nancy Howell

Cards for Parkside: Lavina Nelson

Furniture & Misc. Items: Family of Jim Olson (by Mary Olson)

Calendars, Pens, Candy, Letter Openers: Schriver's

Poinsettia Plants: In Memory of Bennie and Margaret Benson (by Linda Benson)

Misc. Items: Family of Maxine Martin (by Melanie Lundquist)

Misc. Items: Family of Ron Shilman (by Linda Menzia)

Flowers & Clothing: Family of Matilda Kiesz (by Patty Kirkpatrick)

Lift Recliner: Family of Doug Rogers (by Paula Hier)

Little Ladies Chair: Family of Marcella Hoffman (by Sandra Jensen)

Misc. Items, Flowers & Clothing: Family of Barbara Thomas (by Kim Kirnan)

Jewelry & Trinket Dish: Wilma Zimmerman

Clothing & Flowers: Family of Melvin Weide (by Beverly Weide)

Cards: Good Shepherd Lutheran Church

Audio Tapes: Keith Green

Flowers: Family of Orville Gorne (by Phyllis Gorne)

Flowers: Family of Hazel Kurth (by Dennis Dahme)

Walkers & Tray: Heather Parrett

Flowers: Family of Leone Spitzer (by LaVonne Appletoft)

Walker, Flowers & Misc. Items: Family of Lela Meirose (by Brad Cotton)

Books for Parkside Library: Kathy Barr

Lift Chair, Table, Printer, Flowers & Misc. Items: Family of Joyce Gebhardt (by Roxanne Heiden)

Hearing Aid Batteries: Earlene Bachmeier

Lift Chair, Walkers, Misc. Items: Family of Dorothy Barringer (by James Barringer)

Flowers: Family of Joyce Fortin (by Kim Huber and Dawn Hall)

US Borne Books & Easter Bags: Kayla Daly

Easter Bags: Nancy Berreth

Easter Bags: Grant & Lori Seaman

Desk, Walker, Clothes & Misc. Items: Family of Anne Wells (by Nancy Eckert)

Easter Lillies: Family of Bennie and Margaret Benson (by Linda Benson)

Rockers, Table, Misc. Items: Family of Betty Liedtke (by Colleen Jark)

Mother's Day Gift Baskets: Janice Hofer

Recliner Chair, Misc. Items: Family of Leda Heupel (by Shirley Miller)

Garden Plants for Adult Day Health Ctr: Tim & Janice Hofer

Flowers: Family of Robert Schumacher (by Brenda White)

Flowers: Family of Marvin and Kathy Fandrich (by Shannon Shoultz)

Incontinent Products, Chair & Flowers: Family of Roger Ormand (by Marjorie Ormand)

Puzzles: Irene Johs

Recliner & Glider Chairs: Family of Erna Wolf (by Rod Heinrich)

Flowers for Bethesda Home & Parkside: Family of Cathy Schatz (by Don Schatz)



BETHESDA ABERDEEN
 PROVIDING SENIOR LIVING
 OPTIONS FOR TODAY'S
 FAMILY

1224 South High Street
 Aberdeen, SD 57401-7724

Phone: 605-225-7580

E-mail:

info@aberdeenbethesda.org

VIEW OUR NEW WEBSITE:

WWW.ABERDEENBETHESDA.ORG

Bethesda Senior Living is a
 not-for-profit organization
 sponsored by 12 area ELCA
 Lutheran Churches.

Bethesda strives to promote a
 community-like quality of life by
 providing a continuum of affordable
 health care services, housing options
 and community services in a
 Christ-centered environment.

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OPPORTUNITIES FOR GIVING

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Enclosed is my gift of \$_____ for the programs and services provided by Bethesda Aberdeen.
 Please note that my gift is given . . .

___ in honor of: _____ ___ in memory of: _____

Estate Planning: ___ I have included Bethesda in my/our estate planning.

Please send information that I/we can review to consider the possibility of:

- | | |
|---|---|
| <input type="checkbox"/> Including Bethesda in my/our estate | <input type="checkbox"/> Inviting a speaker to our church/organization |
| <input type="checkbox"/> A Charitable Gift Annuity | <input type="checkbox"/> Learning about volunteer opportunities at Bethesda |
| <input type="checkbox"/> A Charitable Remainder Trust | <input type="checkbox"/> Inquiring about services for myself/someone else |
| <input type="checkbox"/> Considering a gift of land or property | <input type="checkbox"/> Keeping Bethesda staff and residents in my prayers |
| <input type="checkbox"/> I choose Bethesda for my Thrivent Choice dollars | |

Name: _____ Mailing Address: _____

City, State/Zip: _____ Home Phone: _____ Cell: _____

**Please mail this form with your check or information request to:
 Bethesda Aberdeen - 1224 South High Street - Aberdeen, SD 57401**

If you have made a legacy gift or would like to talk in greater detail about planned giving options, please call Bethesda Aberdeen at 605-225-7580. Bethesda is a member organization of Lutheran Planned Giving of South Dakota. Additional information may be found by visiting our website at www.aberdeenbethesda.org.

___ I (my family) would like to receive the Bethesda Aberdeen newsletter via email.

Email Address (es): _____