

Bethesda Aberdeen: Providing Innovative Senior Living Options For Today's Family

THANKS FOR PLACING YOUR TRUST IN US!

Our number one priority at Bethesda Aberdeen has always been, and will continue to be, the health and safety of our residents and staff. During this global COVID-19 outbreak, we have implemented multiple proactive and increasingly enhanced safety measures in accordance with Centers for Medicare/Medicaid (CMS), the Centers for Disease Control and Prevention (CDC) and State Health Department guidelines.

We're monitoring all recommendations and our protocols continually evolve as we navigate this ever-changing situation.

We understand this is a difficult time for everyone. Many of these safety measures make life as we know it very different, but we're confident they're vital to keep your loved ones

healthy until we can be together again!

Since receiving early notifications regarding the COVID-19 pandemic, Bethesda has taken swift action as we navigate all the unknowns of our current situation.

We appreciate your continued support as we work to best serve the health care needs of your loved one.

The South Dakota Department of Health has released a "Reopening Plan" for long-term care facilities. Please find the latest information about visitor restrictions, reopening plans, and other resources on our website at www.aberdeenbethesda.org.

Sincerely,
Scott Eisenbeisz CEO/
Administrator Bethesda Aberdeen

Get the latest
Bethesda
Aberdeen news
updates on our
website.

www.aberdeenbethesda.org



Follow us on our
Bethesda Home
of Aberdeen
Facebook page!



Our staff has gone above and beyond during the pandemic.

They truly are **super heroes!**

We **LOVE** our workers!



BETHESDA PARTNERS WITH ENERG® BY AEGIS

Wellness is a lifestyle in our Bethesda Aberdeen community. We believe there is a clear link between healthy aging, the independence of our residents and the proactive pursuit of wellness.



That's why we offer EnerG® by Aegis wellness programs at Bethesda. Although we have had to slightly alter our program during this COVID environment, we are committed to this model of wellness.

Based on a multi-dimensional approach — social, occupational, emotional, physical, intellectual, environmental and spiritual — our EnerG® programs are designed to help residents achieve wellness goals, remain independent longer and have an improved quality of life.



BETHESDA ABERDEEN COMMITTED TO DEMENTIA CARE AND AWARENESS

Through the Aberdeen Chamber of Commerce' Health & Wellness Committee, the city of Aberdeen officially achieved **Dementia Friendly America (DFA)** status this past fall.

Aberdeen is the first community in the state of South Dakota to receive national DFA distinction.

Bethesda Aberdeen serves as Aberdeen's Champion Organization and fiscal sponsor for this DFA membership.

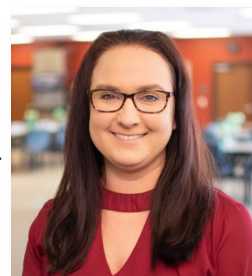
Pictured is Governor Kristi Noem with the Aberdeen DFA contingent as she signed a proclamation declaring it Dementia Friendly America day in South Dakota.



DFA is a national network of communities, organizations and individuals seeking to ensure that communities across the US are equipped to support people living with dementia and their caregivers.

Dementia friendly communities foster the ability of people living with dementia to engage and thrive in day-to-day living.

Charity Pionk, Director of the K.O. Lee Adult Day Health Center at Bethesda, serves on the DFA Committee through the Aberdeen Chamber of Commerce.



Charity also recently earned CARES® Dementia Specialist™ (C.D.S.) Credentials through HealthCare Interactive.

HealthCare Interactive is an organization committed to improving dementia care for people living with Alzheimer's disease and other progressive dementias. They are the only online dementia care training recognized by the Centers for Medicare & Medicaid Services (CMS).

CARES Dementia Certification tests a user's dementia understanding and dementia care knowledge from the Alzheimer's Association Dementia Care Practice Recommendations and published CARES research studies.

Pionk is the first person in South Dakota to earn the C.D.S credential.

Pionk, who has an AS degree in Health Information Management and worked in healthcare for 15 years, has been the Director of the Adult Day Health Center at Bethesda since 2018.

BETHESDA HOME EARNS 5-STAR QUALITY RANKING ONCE AGAIN

Bethesda Home of Aberdeen was recently awarded another 5-Star Quality Rating by the United States government. Nursing Home Compare (NHC) provides quality ratings for each of the nation's 15,000 Medicare and/or Medicaid-certified skilled nursing home facilities.

The quality rating system gives each nursing home a rating between 1 and 5 stars. Nursing homes with 5 stars, like Bethesda Home of Aberdeen, are considered to have "much above average" quality.

Nursing Home Compare is a user-friendly web tool found at www.medicare.gov/nursinghomecompare that provides information on how well Medicare- and Medicaid-certified nursing homes provide care to their residents.



"This rating system assists families in their decision-making as they research and seek care options for loved ones," stated Scott Eisenbeisz, CEO/Administrator.

The overall goal of the ranking system is to determine how well a nursing home is caring for residents' physical and clinical needs.

Eisenbeisz gave credit to his staff, "Earning another 5-Star Quality Rating is a true validation of the standard of care our dedicated staff members strive to provide to our residents each and every day."

MAKING VIRTUAL CONNECTIONS!

We have all learned to "connect" in new ways over the past few months. We encourage families and friends to continue to engage in alternate means of visiting with their loved ones while "no visitor" restrictions are in place! While facing this time of uncertainty, we continue to find positive ways to look after each other at Bethesda Aberdeen!

Please call our Activities Department at 605-225-7580 to talk about the numerous options available to connect with your loved one.

CREATIVITY ON DISPLAY THESE PAST FEW MONTHS!

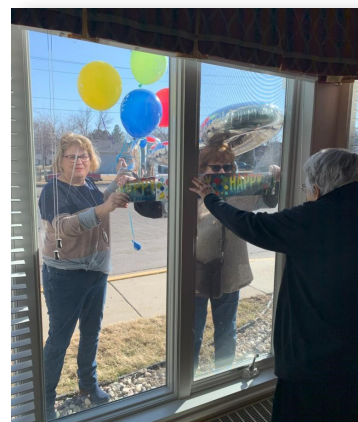
Thank you to the New Life Church members (of all ages) who came to Bethesda with posters and smiles in honor of Mother's day to spread cheer to our residents and staff.



Birthday Wishes Delivered "Social Distancing" Style!

Our staff at Bethesda Towne Square Assisted Living Community captured this creative (and very heartwarming) scene!

We know this resident felt the love of her two daughters . . . even if the Birthday wishes had to be delivered through a window rather than in person!



REMEMBERING K.O. LEE



Bethesda Aberdeen administration and staff were saddened by the passing of K.O. Lee this past January.

The Lee family made many contributions to the Aberdeen community. Karl Lee took over the family's successful company as President in 1978, expanding it and adapting it into the next generation.

His generous gift to Bethesda Home of Aberdeen created the K.O. Lee Adult Day Health Center, which opened in November 2014 to provide customized care to enable people to stay within their home longer.

We will be forever grateful for the kind support of K.O. Lee in our efforts to provide quality care options for all ages and stages of life.

Are you currently shopping online more as we cautiously maneuver through COVID-19 and as our local stores reopen?

Don't forget that Amazon supports Bethesda Aberdeen!

Good news! AmazonSmile is now available in the Amazon Shopping app on iOS and Android mobile phones. Simply follow these instructions to turn on AmazonSmile and start generating donations.

1. Open the Amazon Shopping app on your device
2. Go into the main menu of the Amazon Shopping app and tap into 'Settings'
3. Tap 'AmazonSmile' and follow the on-screen instructions to complete the process

Amazon donates 0.5% of the price of eligible smile.amazon.com purchases to the customer's selected charity!

You can utilize the Bethesda Aberdeen direct access link: <https://smile.amazon.com/ch/46-0367117>
Thanks for always supporting our staff, residents and clients of Bethesda Aberdeen!



INNOVATIVE SERVICES!

Bethesda Home opened its doors nearly 50 years ago on December 26, 1969, as a skilled nursing care facility on a 22-acre campus in Aberdeen. Our growth is thanks to the vision and dedicated support by many.

Our Growing Services:

In 1981, the Bethesda Sharing Center opened to provide child care to employees; later expanded to the community including daycare and preschool.

In 1985, a vision for a continuum of care was recognized and Bethesda Parkside Apartments were established. (Renamed Parkside Retirement Community at a later date.)

In 1997, Bethesda Towne Square was opened to provide assisted living services to meet the need for services between our nursing facilities and apartments.

In 2001, Bethesda Home completed a renovation to provide private rooms for all residents. In 2008, Bethesda In-Home Community Services were added to provide care for people in their home environment.

The K.O. Lee Adult Day Health Center opened in November 2014 and provides customized care to stay at home longer.

We appreciate our 12 area ELCA Lutheran churches and our nine-member board elected from these congregations who faithfully guide our growth.

- ~ Bethlehem Lutheran, Aberdeen
- ~ Emmanuel Lutheran, Groton
- ~ Good Shepherd Lutheran, Aberdeen
- ~ Our Savior's Lutheran, Redfield
- ~ St. James Lutheran, Leola
- ~ St. John's Lutheran, Hecla
- ~ St. John Lutheran, Warner
- ~ St. Paul's Lutheran, Frederick
- ~ Savo Lutheran, Frederick
- ~ Scandinavia Lutheran, Aberdeen
- ~ Trinity Lutheran, Houghton
- ~ Zion Lutheran, Aberdeen

Thank you to our many donors who graciously provide gifts to Bethesda Aberdeen. In this edition, we gratefully acknowledge gifts given from **July 1, 2019 through June 2, 2020**. Every effort has been made to ensure accuracy of each donor's name and gift! If your name has been omitted or spelled incorrectly, please accept our apologies and notify us at 605-225-7580 or email info@aberdeenbethesda.org.

Donations

7/1/2019 - 12/31/2019

**Bethesda Adult Day
Health Center Donations**

Sundae Fun Day
Sons of Norway
United Way
James Herman
Ross & Tera Hettinger
Lori Seaman

**Bethesda Home of
Aberdeen Donations
In Honor of/Given by:
Bishop David B. Zelmer
Howard Swenson**

Virlene Knecht
Patti Mauck
Fran & Cynthia Herman

**In Memory of/Given by:
Roy Bushby
Ramona & Arlen Hanson**

Dale Cutler
Ramona & Arlen Hanson
T. Engrebretson

Bruce Carson
Viola Tetherow

Oriett Crawford for F:
Wing Lounge
Darnell & Rick Rainford
Crawford Family Living Trust
Brenda & Lonny Bahr

Jean Dinger
Ramona & Arlen Hanson

Pam Flagtwet
Lonnie Flagtwet

Irene Gese
Donley & Carolyn Lang

Esther Hoffman
Viola Tetherow

James Knecht
Patti Mauck
Fran & Cynthia Herman

Lynette Monson Mora
Howard Swenson

Harry Pharis
Ramona & Arlen Hanson

Connie Podoll
Dean & Dolores Boekelheide

Louise C. Stolle
Louise C. Stolle Fund of
InFaith Community Foundation

Kenneth Thompson
Laura Thompson

Richard Van Beck
Viola Tetherow

Ted Winburn
Ramona & Arlen Hanson
Linda Siefkes
Allen & Karen Siefkes

Jerome Wright
Viola Tetherow

Dallas Zeller
Howard Swenson

**Bethesda Home of
Aberdeen Donations**
Jesse Dahl - Benevity
Community Impact Fund
Amazon Smiles
Emmanuel Lutheran
Church - Groton
Kay Dixon
Judy & Miles Bretsch
St. James Lutheran Church
Florence Brandner
St. John Lutheran Church -
Warner
SAVO Women of the ELCA
SAVO Lutheran Church
Trinity Ladies Aide

Thrivent Choice:

Diane Dangel
Linda Miller
Lori Bohle
Vicki Conn
Marjorie Cash
Rodney Jondahl
David Roth
Grayce Beilke

Activities:

Judy Bretsch
In Memory of Stuart Murdock
by Joe & Barbara Dixon
In Memory of Reinhold &
Matilda Kiesz by Jeanette
& Kap Scherr
In Memory of Betty Liedtke
by Tim Hofer, Colleen Jark
& Karen Bell

**Aberdeen Bethesda
Foundation Donations
50/50 Challenge**

Howard Swenson
Vicki Conn
Judy Bretsch
Mike & Lorrie Weber
Bobbie Buechler
Lori Seaman

Foundation Founders Club

Howard Swenson
Vicki Conn
Janelle Brown
Terri Elsen
Diane Dangel
Judy Bretsch
Judy Albl

Mike & Lorrie Weber
Bridget Lux
Laura Madsen
Susan Misslitz
Sheila Rombs
Julie Schmidt
Jody St. Clair
April Wirth
Brittany Ruppert
Ashley Syhre
Allison Bistodeau
Lori Bohle
Bobbie Buechler
Scott Eisenbeisz
Cindy Fleckenstein
Stephanie Herman
Wayne Krysowaty
Marla Delzer
Lynn Wanner
Harleigh Utecht
Kari Reams
Kassandra Ormand
Brittany Erickson
Tara Hettinger
Charity Pionk

**Bethesda Sharing
Center Donations**
Kesslers Dollars for Scholars
Ken\$ Karing for Kid\$

**Bethesda Towne
Square Donations**
In Memory of/Given by:
Betty Lenling
Ardell Saylor

**Parkside Retirement
Community Donations**
In Memory of/Given by:
Cathy Schatz
Women of the Moose

**In Kind Donations
07/06/2019-12/31/2019
Walkers**
In Memory of Ginny Nash
by Cheryl Ochsner

Books for Parkside Library
In Memory of Cathy Schatz
by Schatz Family

Flowers
In Memory of Sue Birrenkott
by Kelli Erickson
In Memory of Martin Ronning
by Janet Riggs
In Memory of Oriett Crawford
by Darnell Rainford
In Memory of Jack Tople
by Penny Tople
In Memory of Joann Klein
by Chris Klein

**Furniture, Clothing &
Miscellaneous**
In Memory of Irene Gese
by Mary Cooper
In Memory of Herb Knie
by Shirley Knie

In Memory of Irene Dohn
by Dee Roth
In Memory of Joann Klein
by Chris Klein
In Memory of Irene Mellang
by Sheila Brauer
In Memory of Donna Klabo
by Gary Kolb
In Memory of Bob Rud
by Ely Rud
In Memory of Dale Cutler
by Linda Richter

Movies for Residents & Staff
Travis Kiefer

Tennis Balls
Elaine Scherbenski

Afghans
Faye Deckert
Margie Heinrich

Oxygen Concentrator
Sanford Home Medical Group

Candy
Scott Cunningham and
SD Knights of Columbus

Flooring
Mark Malchow and
Malchow's Home Furnishings

Snacks/Treats for Staff
In Memory of Allan Monson
by Mark Monson &
Monson families
In Memory of Irene Mellang
by Sheila Brauer
In Memory of Esther Hoffman
by Jan Reich
In Honor of Orma Vetch
by Nancy Zantow

Pumpkins for Activities
In Honor of Kathy Herman
by Jim Herman

Apples for Activities
Thanksgiving Pie Baking
Christopher Fettig

Evergreen Tree
Outdoor Décor
Val Bittner

Puzzles for Activities
Sheila Rombs

Wooden Pumpkin Decoration
Boy Scout Troop 359
by Dan Cybulski

Donations
01/01/2020 - 06/02/2020

Bethesda Adult Day Health Center Donations

Tony Kvasnicka
United Way
Jan & Randy Padgett

In Memory of/Given by:

Karl Lee
Janis Berg

Thrivent Choice:

Judy Gelling

Bethesda Home of Aberdeen Donations

St. John's Lutheran Church - Hecla
Amazon Smiles
Jon & Denise Beusen

Pizza for Staff during COVID

In Honor of Richard Anderson
by Sharlene Anderson
In Memory of Edwin Bretsch
by Judy & Miles Bretsch
In Memory of Irene Bretsch
by Judy & Miles Bretsch
In Memory of Viola Lohn
by Judy & Miles Bretsch
In Memory of Robert Mertz
by Judy & Miles Bretsch

In Memory of/Given by:

Karl Lee
Sandra Brink

Robert Mertz
Ramona & Arlen Hanson

In Honor of/Given by:

Virlene Knecht
Patti Mauck
Fran & Cynthia Herman

Comfort Crosses

In Memory of Dorothy Lundgren
by Lori & Stewart Bohle
In Memory of Chad Weber
by Lori & Stewart Bohle
In Memory of Maxine Stemper
by Lori & Stewart Bohle

Activities:

Judy Bretsch
In Memory of Leo Schatz
by Don Schatz
In Memory of Leo Schatz
by Family of Leo Schatz
In Memory of Leo Schatz
by Uncle Matt

Bethesda Sharing Center Donations

Brittany Erickson
Allison Bistodeau

Thrivent Choice:

Lori Bohle
Lynn Wanner

Parkside Retirement Community Donations

In Memory of/Given by:

Lois McKay
Grayce Beilke

Bethesda Home of Aberdeen Donations

Thrivent Choice:

Rodney Jondahl
Linda Miller
Joyce Svihovec
Judy Bretsch
Barbara Crawford
Diane Dangel
Patricia Dennert
Jerrol Erlenbusch
Cindy Fleckenstein
Bruce A. Johnson
David Roth
Sarah Sandvick
Laura Thompson
Martin Bettman
Lori Bohle
Dorene Borchard
Vicki Conn
David Elsen
Richard Omland
Lavonne Peterson
Gay Ristau
Thomas Sandvick
Karen Siefkes
Penny Stolle
William Stolle
Gene Svihovec
Sharon Weiss

Aberdeen Bethesda Foundation Donations

Eide Bailly LLP in honor of
Bethesda 50th Anniversary
Emmanuel Lutheran Church
- Groton
Scandinavia Lutheran Church
Ray & Marcella Andersh

In Memory of/Given by:

Linda Fritz Dixon
Howard Swenson

Delores Hanse
Sandra Brink
Roger A. Schuller & Schuller
Family

John Hillgren
Howard Swenson

Eunice Hovland
Howard Swenson

Howard Hovland
Howard Swenson

Keith Larson
Grayce Beilke

Karl Lee
Howard Swenson

Stuart Murdock
Howard Swenson

Kay Miller Nelson
Howard Swenson
Pat & Bill Dennert
Roger A. Schuller & Schuller
Family

Rev. David R. Rasmussen
Howard Swenson

Ristau, Rogers & Bergh Families
Toni Ristau

Mary Johnson Schultz
Howard Swenson

Karen Wieker
Matt Schuller & Schuller Farms

In Kind Donations
01/01/20 - 06/02/20
Lap Blankets

In Honor of Mary Anderson
by Della Anderson

Pillow Cases

Marlys Volzke

Flowers

In Memory of Robert Mertz
by Kerry Mertz
In Memory of Karl Lee
by Krestie Utech
In Memory of Leo Schatz
by Don Schatz
In Memory of Karen Wieker
by Greg Wieker
In Memory of Don Krause
by Lori Krause

Furniture, Clothing & Miscellaneous

In Memory of Leo Schatz
by Don Schatz
In Memory of Allan Monson
by Margaret Gunderson
In Memory of Velma Brent
by Sheryl Bauer
In Memory of Corene Griffith
by Doug Griffith
In Memory of Arlowyn Prince
by Tim Prince
In Memory of Mary Anderson
by Gaylon Anderson
In Memory of Louis Campton
by Ron Campton
Shirley Morgan

Floral Arrangements
Aberdeen Floral

Books for Parkside Library
Kathy Barr

Books for Bethesda Activities
In Honor of Marie Heggem
by Kristin Kenny

Cookies for Staff for Nurse Week
Dale Hunt

Youth Power Candy Bars for Staff
Simmons Middle School
by Sue Gapp & Kris
McCafferty

Hand Sanitizer
Simmons Elementary
by Kim Aman
Glacial Lakes Energy LLC
by Marcy Kohl

Masks, Gowns & Ear Savers
In Honor of Lois Feiock
by Kathy Zarsky
In Memory of Frances Lacher
by Betty Ochsner
In Memory Pauline Rohrich
by Carol Gates
Shirley Kost
Mitchell Olson
Bobbie Bierman
Diane Borchard
Aaron Suedmeier
Joy Flagtvedt
Judy Crist
Kitty Eisenbeisz

BETHESDA ABERDEEN FOUNDATION:

The Bethesda Aberdeen Foundation is dedicated to raising funds and awareness to advance Bethesda's mission of caring for others. The Foundation works with donors regarding charitable giving options that best fit their philanthropic goals. Since opening in 1969, Bethesda has expanded services thanks to the generosity of those who enthusiastically support our ministry of service.

At Bethesda, every gift is significant as we strive to meet the needs of today's family.

The Bethesda Foundation is designated as a 501(c)3 charitable organization by the Internal Revenue Service.

Learn more about planned giving options at
www.aberdeenbethesda.org

BETHESDA ONE CALL

Bethesda has teamed up with One Call Now to help improve our communications with Family, Tenants, and Employees. Bethesda One Call will allow communication to happen in real time for reminders, events, changes in events, or emergencies. The system will allow text, calls, or emails; however, Bethesda has chosen to use the phone call option at this time. Bethesda feels that phone will be the quickest way to communicate as we can send messages to either a cell phone or a land line phone.

Who is on the Call List?

- Bethesda Home: Up to three family member/contacts. Residents will not receive any calls.
- Bethesda Towne Square: Up to three family member/contacts. Residents will not receive any calls.
- Parkside: Tenants (unless Tenant has a responsible party). If tenant would like to add two additional family members/contacts, the tenant can contact the business office.

How does it work?

We have two options:

- Recording a live voice
- Type to speak (automated voice) Most likely it will be the automated voice that you will be hearing in the message.

How do I know it is from Bethesda?

- You will receive a call from the following number: 1-877-698-3261 (We suggest you add this number to your contacts in your phone as Bethesda One Call)
- We will always identify who the message is from and that we represent Bethesda

What time of the day will I receive calls?

- All routine communications will occur M-F between 8 am and 5 pm
- Emergency or urgent communications could occur 24 hours a day

Can I opt out of getting calls?

- Bethesda Home and Bethesda Towne Square
 - ~ Yes, if you do not want to receive calls as a family member you can contact the business office during normal hours and your name can be removed. We will require at least one family member on the call list. If you need to add or delete contacts, please call the business office during normal hours.
- Parkside
 - ~ No, we will require tenants to be on the list

Please remember if you change phone numbers or want a different phone number listed, please contact the business office during normal business hours.





**BETHESDA
ABERDEEN**
PROVIDING SENIOR LIVING
OPTIONS FOR TODAY'S
FAMILY

1224 South High Street
Aberdeen, SD 57401-7724

Phone: 605-225-7580

Email: info@aberdeenthethesda.org

VIEW OUR NEW WEBSITE:
WWW.ABERDEENBETHESDA.ORG

Bethesda Senior Living is a
not-for-profit organization
sponsored by 12 area ELCA
Lutheran Churches.

Bethesda strives to promote a
community-like quality of life by
providing a continuum of affordable
health care services, housing
options, and community services in
a Christ-centered environment.

OPPORTUNITIES FOR GIVING

CUT HERE ✂-----

Enclosed is my gift of \$_____ for the programs and services provided by Bethesda Aberdeen.
Please note that my gift is given...

___ in honor of: _____ ___ in memory of: _____

Estate Planning: ___ I have included Bethesda in my/our estate planning.

Please send information that I/we can review to consider the possibility of:

- | | |
|--|--|
| ___ Including Bethesda in my/our estate | ___ Inviting a speaker to our church/organization |
| ___ A Charitable Gift Annuity | ___ Learning about volunteer opportunities at Bethesda |
| ___ A Charitable Remainder Trust | ___ Inquiring about services for myself/someone else |
| ___ Considering a gift of land or property | ___ Keeping Bethesda staff and residents in my prayers |
| ___ I choose Bethesda for my Thrivent Choice dollars | |

Name: _____ Mailing Address: _____
City, State/Zip: _____ Home Phone: _____ Cell: _____

Please mail this form with your check or information request to:
Bethesda Aberdeen - 1224 South High Street - Aberdeen, SD 57401

If you have made a legacy gift or would like to talk in greater detail about planned giving options, please call Bethesda Aberdeen at 605-225-7580. Bethesda is a member organization of Lutheran Planned Giving of South Dakota. Additional information may be found by visiting our website at www.aberdeenthethesda.org.

___ I (my family) would like to receive the Bethesda Aberdeen newsletter via email rather than in print. Please email Bethesda the email addresses to info@aberdeenthethesda.org