

# EB Bethesda

*Bethesda Aberdeen: Providing Innovative Senior Living Options For Today's Family*

*In This Issue*

**Service Spotlight:  
Parkside Retirement  
Community**

**Activity Department  
Updates**

**Twelve 24 dining  
menu changes**

**Build Dakota  
Scholarship**

## Greetings from Bethesda

It is hard to believe that in March we are experiencing such a pleasant winter! I can't remember the last time it's been 60 degrees for this many days in a row. Bethesda feels very fortunate that we have not seen many illnesses this year. We really want to thank our families who have helped us keep everyone healthy by refraining from visiting if they have not felt well. We are still monitoring COVID, RSV, and Influenza A and B. We continue to follow the CDC, CMS, and South Dakota Department of Health guidance and recommendations.

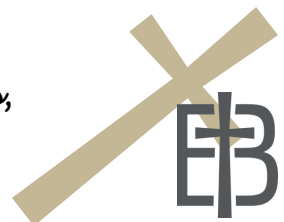
We continue to work on our dining experience. In February, we added two more weeks of menus to the rotation. Some of the new items include chicken and waffles, walleye fingers, tuna melt, turkey combo, french dip, ham stuffed baked potato and taco burger. For supper, we have added white chicken chili, creamy mac and

cheese with either broccoli or ham, and pork rib, just to name a few new items. Of course, we still have our always available items if someone does not like the special of the day. The activities department is continuing to add activities in the Twelve 24 Lounge for afternoon and early evening events.

Finally, many people do not know this, but we also are a sponsor of Build Dakota scholarships for nursing. If you know anyone who is interested in becoming a nurse, please have them contact April Wirth for more information. Over the course of the past few years, we have helped six employees become nurses or advance their degree from LPN to RN.

Enjoy the rest of your spring and summer.

*Blessings,  
Scott*



# Service Spotlight: Parkside Retirement Community



Parkside Retirement Community is an independent living center registered with the state of South Dakota. Individuals must meet criteria demonstrating they are capable of living independently such as:

- Ability to bathe, dress and toilet
- Ability to prepare meals and not require assistance with eating
- Ability to move safely around the apartment and facility
- Ability to manage their own medications

## Many apartment styles available!

Within our 56 apartments, tenants have the option of five different apartment styles ranging from 575 square feet to 1100 square feet. Options include:

- 1 bedroom
- 1 bedroom, remodeled
- 2 bedroom, 1 bath
- 2 bedroom, 1 bath, remodeled
- 2 bedroom, 1.5 bath remodeled

All apartment styles are able to take advantage of the amenities Parkside has to offer. Tenants are able to select the apartment that best fits their individual needs and make it their home!

At Parkside, you or your loved one will enjoy beautiful amenities such as a community dining room, sunroom/patio, exercise room, TV room and beauty salon. Enjoy a sense of security with a 24-hour emergency call system along with the ease of main floor living with no steps.

Our tenants at Parkside have access to spiritual and social activities along with daily coffee gathering times and a wonderful community-like atmosphere. We also have on-site access to therapy services and group exercise classes through our partnership with Bethesda Home of Aberdeen and Aegis Therapy.

Parkside does partner with the Aberdeen Senior Meals program to provide one meal a day in our community dining room and residents have the option to participate in this program, purchase meals from Bethesda Home of Aberdeen or continue to cook at home.

**Schedule your tour today by contacting Amber Biegler at (605) 225-7900!**







Above: Parkside's many beautiful common spaces available for use by tenants at no additional charge. Photos include community dining room, library, exercise room and relaxing fireplace!

Below: Photos include different apartment options at Parkside. Tenants can decorate their space to create a home-like atmosphere!





# What's In The Bag Wednesday

The Bethesda Home of Aberdeen activity department has been busy creating new activities for our residents to enjoy and thrive. There have been new clubs and smaller group activities created and among those is one that is quickly becoming a resident favorite! *What's In The Bag?* takes place on Wednesdays and we have guest presenters join our residents and share experiences and personal treasures. This has given our residents the perfect time to reminisce and share stories from their past.

Past presenters have shared stories about special trips, fun hobbies and animals. Each week our residents look forward to finding out *What's In The Bag?*

If you are interested in sharing at our *What's In The Bag?* activity, please contact the activity department at Bethesda Home of Aberdeen at (605) 225-7580.



## A Great Experience is Worth Sharing!

We want the world to know your story. Share your experience with Bethesda Home of Aberdeen by reviewing us online.

### To add a star rating and review on Google, follow these simple steps:

1. On your computer, open Google Maps and make sure you're signed in.
2. Type in at the top "Bethesda Home of Aberdeen".
3. Scroll down on the left and click "write a review".
4. In the window that appears, click the stars to score Bethesda Home of Aberdeen and write your uplifting story as a review.

# Twelve 24 Restaurant & Lounge

Over the past few years, Bethesda Aberdeen has been working to elevate the dining experience for our residents. We recently developed an additional two weeks of menu items to add to our rotating weekly meals bringing the rotation to a total of five weeks! New additions include white chicken chili, walleye fingers and french dip. Residents can also still choose to order from the *Always* menu where the selections are catered to their specific dietary needs.





## *Bethesda Aberdeen Partnership*

The Build Dakota Scholarship was created to help South Dakota train more skilled workers and fill the labor gap. It all began in 2015, when state leaders built a program that uses the state's technical colleges to address South Dakota's workforce gap. Through donations and contributions from industry partners, the Build Dakota Scholarship Fund was created and continues to be funded to help train and grow the workforce in South Dakota.

Bethesda Aberdeen continues to be an industry partner and has now successfully supported six individuals through their nursing programs. These individuals have completed LPN or LPN to RN programs at technical colleges in South Dakota and have committed to working at Bethesda after they graduate.

As a recipient of the Build Dakota scholarship, you will receive support for tuition, fees, books and other required program expenses in the eligible technical college programs. Participants in this program have a 98-100% placement rate upon graduation and must commit to working full-time in the field of study for a duration of three years.



If you are interested in learning more about the Build Dakota Scholarship Fund and Bethesda's partnership with this program, please contact Human Resources at (605) 225-7580.

**Bethesda offers employment in a variety of departments, both clinical and non-clinical. We are passionate about providing quality and personal care and believe in supporting our employees in their pursuit of higher education, both through the Build Dakota Scholarship program and paid on-the-job training and certification.**

**If you are interested in employment at Bethesda Aberdeen, please visit <https://aberdeenbethesda.org/careers/> to learn more or contact April at (605) 225-7580.**

Positions available in:  
Nursing  
Culinary Services  
Maintenance  
Housekeeping

**Thank you** to our many donors who graciously provide gifts to Bethesda Aberdeen. In this edition, we gratefully acknowledge gifts given from **July 1st, 2023 through December 31st, 2023**. Every effort has been made to ensure the accuracy of each donor's name and gift! If your name has been omitted or spelled incorrectly, please accept our apologies and notify us at 605-225-7580 or email [info@aberdeenbethesda.org](mailto:info@aberdeenbethesda.org).

**Bethesda Adult Services**

**Donations**

Sheryl Ruckman

**Bethesda Home of  
Aberdeen Donations**

**Thrivent Choice**

Bobbie Buechler  
Rodney Jondahl  
Linda Miller

**Comfort Crosses**

**In Memory of/Given by:**

Tom Carda

Lori & Stewart Bohle

Cherie Lunstrum

Lori & Stewart Bohle

Kathy Nelson Ludwig

Lori & Stewart Bohle

**Activities**

Louise C Stolle  
Foundation

**Bethesda Learning**

**Academy Donations**

Ken's Karing for Kids  
Kesslers Receipts  
Program  
Kerma Reshetar

**Aberdeen Bethesda**

**Foundation Donations**

Emmanuel Lutheran

Church Groton

Estate of Gladys Voegele

Fidelity Charitable Heaven

Cent Family Fund c/o

Brian Bunsness

Scandinavia Lutheran

Church

St. John's Lutheran

Church

Trinity Lutheran Church

Ladies Aide

**In Memory of/Given by:**

Franklin Olson

Howard Swenson

Corrine Hunstad

Howard Swenson

Donna Seaton

Howard Swenson

Bonnie Larson

Howard Swenson

Karlene Boeltner

Howard Swenson

Rev James H Reeb

Howard Swenson

Erik Kiesz

Howard Swenson

Bernice Pence

Mary Amacher

Joyce Jensen

Drake & Diane Kary

Connie White

James & Virlene Knecht

Patti L Mauck

Meta Vetter

Viola Tetherow

Fran Herman

Patti L Mauck

**In Kind Donations**

**Supplies, Furniture and  
Clothing for Residents**

In Memory of Alecia Bean

by Norman Fjelstad

In Memory of Irene

Schnaible

by Dawn Lenz

In Memory of Frances

Gab

by Kim Morris & family

In Memory of Beverly

Roth

by Dawn Roth-Badger

In Memory of Bernice

Pence

by Camilla Fischer

Kay Dixon

In Memory of James  
Ullrich

by Mike Ullrich

In Memory of Joyce  
Jensen

by Joel Jensen

In Memory of Evonne  
Achterberg

by Evonne Gilbertson

**Flowers**

In Memory of Irene  
Schnaible

by Dawn Lenz

In Honor of Jeanette  
Krumm

by Sandra Stahl

In Memory of Ann Enger  
by Adam Acker

In Memory of Bernice  
Pence

by Tim Pence

In Memory of Meta Vetter  
by Ron Kaaz

**Candy & Food for Staff  
& Residents**

In Honor of Elsa

Zimmerman

by Michelle & DaLayne

Musland

**Candy & Food for Staff  
& Residents cont.**

In Honor of Jeanette  
Krumm

by Sandra Stahl

In Honor of Audrey Davis

by Wendy Gugel

In Honor of Frances Gab

by Kim Morris

**Outdoor Halloween  
Decor**

In Memory of Carole  
Nelson

by Vicki Schnoor

**Veteran's Day Cards &  
Pins**

Warner School Library

**Walkers/Wheelchairs**

Kay Dixon

In Memory of James

Ullrich

by Mike Ullrich

**Memorial Banners**

Hope Conn

**Lap Robes**

Jill Bierman

**Homemade Cornhole  
Boards**

In Honor of Robert  
Schumacher

by Deb Larson

**Dolls for Residents**

In Memory of Beverly  
Roth

by Dawn Roth-Badger

**Vacuum for Parkside**

Elizabeth Hemen

**Speakerphone**

In Memory of Richard  
Schooley

by Diane Schooley-  
Pettis

**Kitchen Items for  
Parkside Guest**

**Apartment**

Emmanuelle Templin

# Aberdeen Bethesda Foundation

The Aberdeen Bethesda Foundation is dedicated to raising funds and awareness to advance Bethesda's mission of caring for others. The Foundation works with donors regarding charitable giving options that best fit their philanthropic goals. Since opening in 1969, Bethesda has expanded services thanks to the generosity of those who enthusiastically support our ministry of service. At Bethesda, every gift is significant as we strive to meet the needs of today's family.

The Bethesda Foundation is designated as a 501(c)3 charitable organization by the Internal Revenue Service.

Learn more about planned giving options at [www.aberdeenbethesda.org](http://www.aberdeenbethesda.org).



**For all the latest happenings at Bethesda Home of Aberdeen, follow us on social media or get the latest Bethesda Aberdeen news updates on our website [www.aberdeenbethesda.org](http://www.aberdeenbethesda.org) and follow us on our Bethesda Home of Aberdeen Facebook page!**



**BETHESDA ABERDEEN**  
 PROVIDING SENIOR LIVING  
 OPTIONS FOR TODAY'S  
 FAMILY

1224 South High Street  
 Aberdeen, SD 57401-7724

Phone: 605-225-7580  
 Email: info@aberdeenbethesda.org  
 Website: www.aberdeenbethesda.org

Bethesda Senior Living is a not-for-profit organization sponsored by 12 area ELCA Lutheran Churches.

Bethesda strives to promote a community-like quality of life by providing a continuum of affordable health care services, housing options and community services in a Christ-centered environment.

**OPPORTUNITIES FOR GIVING**

Enclosed is my gift of \$\_\_\_\_\_ for the programs and services provided by Bethesda Aberdeen.

Please note that my gift is given ...

\_\_\_ in honor of: \_\_\_\_\_ \_\_\_in memory of: \_\_\_\_\_

**Estate Planning:** \_\_\_ I have included Bethesda in my/our estate planning.

**Please send information that I/we can review to consider the possibility of:**

- \_\_\_ Including Bethesda in my/our estate
- \_\_\_ A Charitable Gift Annuity
- \_\_\_ A Charitable Remainder Trust
- \_\_\_ Considering a gift of land or property
- \_\_\_ I choose Bethesda for my Thrivent Choice dollars
- \_\_\_ Inviting a speaker to our church/organization
- \_\_\_ Learning about volunteer opportunities at Bethesda
- \_\_\_ Inquiring about services for myself/someone else
- \_\_\_ Keeping Bethesda staff and residents in my prayers

Name: \_\_\_\_\_ Mailing Address: \_\_\_\_\_  
 City, State/ZIP: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

**Please mail this form with your check or information request to:  
 Bethesda Aberdeen - 1224 South High Street - Aberdeen, SD 57401**

If you have made a legacy gift or would like to talk in greater detail about planned giving options, please call Bethesda Aberdeen at 605-225-7580. Bethesda is a member organization of Lutheran Planned Giving of South Dakota. Additional information may be found by visiting our website at [www.aberdeenbethesda.org](http://www.aberdeenbethesda.org).

\_\_\_ I (my family) would like to receive the Bethesda Aberdeen newsletter via email.  
 Email address(es): \_\_\_\_\_