

# EB Bethesda

*Bethesda Aberdeen: Providing Innovative Senior Living Options For Today's Family*

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## AWARD WINNING YEAR

*2022 brought numerous nominations and awards for the Bethesda Aberdeen facilities and teams!*

We are proud to share all of the amazing accomplishments our Bethesda Aberdeen teams achieved this year!



Bethesda Home of Aberdeen was awarded another 5-Star Quality Rating by the United States government. Nursing Home Compare (NHC) provides quality ratings to each of the nation's 15,000 plus Medicare and/or Medicaid-certified skilled nursing home facilities.

We were nominated for an ABBY Award through the Aberdeen Chamber of Commerce in the Health & Wellness category. This category is for businesses who promote health and wellness and related services within their community.

Finally, Bethesda Aberdeen teams were nominated for the 2022 Readers' Choice Awards in an amazing 4 categories! Bethesda Home of Aberdeen took home the top award in the Best Nursing Home category and our teams were also nominated in Best Assisted/Senior Living, Best Childcare and Best Place to Work (Bethesda Towne Square).



The dedication to our residents, families and staff help to drive these nominations and awards and we are truly thankful for the support we have received from the Aberdeen and surrounding communities!



# Greetings from Bethesda



We are still living with COVID-19. We continue to work with the CDC, CMS (Centers for Medicare and Medicaid Services) and the SD Department of Health. We strongly encourage all residents and families to make sure they are receiving boosters.

When we do have positive cases, we are seeing those residents who are up to date are having no to mild symptoms. Those who are not up to date are seeing a few more symptoms. If you would like to get your resident up to date on his or her COVID-19 vaccines or have questions about the COVID-19 boosters, please contact Stephanie Herman, Infection Control Preventionist, or visit with your resident's nurse.

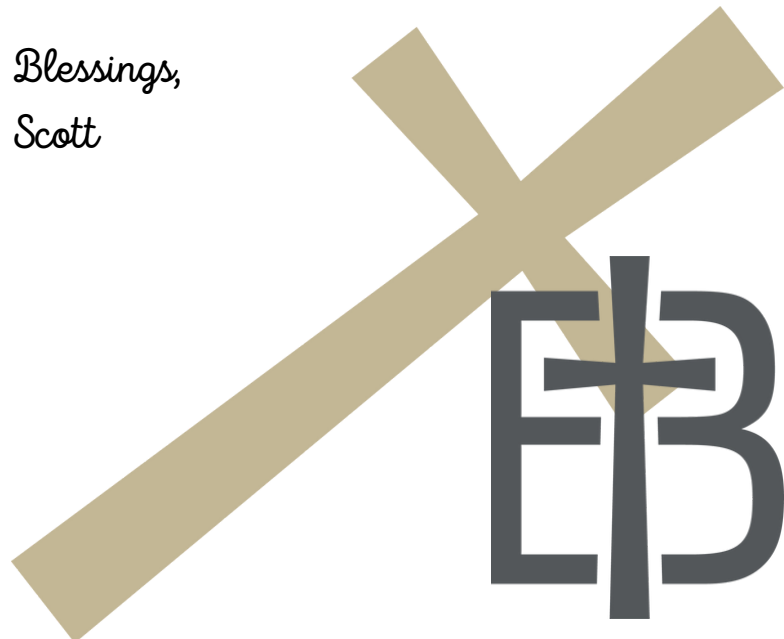
We have updated our visitation policy. Starting March 1, we will be allowing one family member to accompany their resident to an activity, a church service or sit with them in the dining room. The visitor must be masked during these times. Family will still not be able to eat in the dining room with residents; however, if you would like to bring in food you can eat with your family member in their room or one of the lounges, but we ask that you contact the Activities department so we can reserve the space and we do not double up on events. Also, if you are planning a party (birthday, anniversary, etc.) please contact Activities to arrange this. We still ask at this time to not sit in A wing lounge (by the South Station) due to the fact that we currently have a lot of resident who utilize this lounge.

We are excited our activity room remodel is almost complete. We have focused on updating the kitchen area so we can continue to do baking projects with our residents. It has also allowed us to bring in a coffee bar for the residents and our staff. We now offer coffee and iced coffee, regular and decaffeinated. Plus, we have multiple flavored syrups and creamers to add to their coffee. The residents were able to enjoy a taste testing to sample all of the new syrups and creamers.

Our next project will be to start on our Bethesda Pub. This will be an area next to the dining room which allows residents to have a place to meet and gather before meals. We have some exciting ideas that we will be sharing as we get closer to it's opening.

Please visit our new Aberdeen Bethesda Foundation page on our website, [www.aberdeenbethesda.org](http://www.aberdeenbethesda.org). We have made some exciting updates and we now will be sharing our projects. If you would like to contribute or donate to Bethesda Aberdeen, you can now do this right from this page. Our current project is our raised garden beds, so please take some time to check it out. I am looking forward to Spring and all of the fun times we are planning for the outdoors.

*Blessings,  
Scott*







# blessings at EB Bethesda

Memories Created at Bethesda Aberdeen





# Aberdeen Bethesda Foundation

In February, 2023, the AmazonSmile program was discontinued as the company has decided to focus their philanthropic efforts in the communities where their employees live and work and pursue different charitable projects. We appreciate the support we have received from the AmazonSmile program through the years.

We continue to partner with Lutheran Planned Generosity of South Dakota for planned giving donations and gifts. Through this organization, you can determine how to best give gifts of stocks, bonds, retirement assets, cash and insurance. More information about the organization as well as how to facilitate these gifts can be found on their website at <https://lpgsd.giftlegacy.com/>.



We are also excited to say that we have updated our Aberdeen Bethesda Foundation website to include new features such as online donations and interactive project pages. We have just launched our first new project of 2023, The Raised Garden Project.



We are excited to continue to bring the joys of home to the residents of Bethesda Home of Aberdeen. The Raised Garden Project will allow residents to garden more comfortably from the comfort of a seated chair or wheelchair. Green Circle Garden beds feature a curved entrance, armrest, and legroom space to allow for improved wheelchair access and safety while simultaneously allowing the residents the joy of gardening once again.

***For more information on this project or to donate, please visit our website <https://aberdeenbethesda.org/> and click on the GIVING tab.***



Due to the current culture of cyber-crime, this is to notify that, Bethesda Home of Aberdeen will never ask you to provide confidential information through an e-mail or website link within an e-mail. If you receive suspicious communications from Bethesda in the form of e-mails or phone calls from someone claiming to be a representative of Bethesda requesting confidential information, please contact the Bethesda Business Office at 605-225-7580 immediately to report or confirm.



## What They Say About *Bethesda Aberdeen*



Dr. James Olson

### *My Journey to Bethesda*



I had my right hip replaced at Avera St. Luke's Hospital on November 22, 2022. The procedure was more complicated because I broke my right femur 10 years ago playing pickleball in Florida. The surgeon placed rods and pins in that leg to correct the fracture. New bone growth had covered the rods. Rods, pins, and bones needed to be removed prior to being able to place the new hip, which caused extensive damage to my leg. I spent 10 days in the hospital with very limited use of that leg, which required physical therapy follow-up for an extended period of time. I was moved to Bethesda Home of Aberdeen on December 4 for an extended temporary stay for further physical therapy. At this time I was unable to do much with my right leg, and my mobility was provided by a wheelchair and a walker. I spent 20 days at Bethesda Home of Aberdeen.

I was cared for by a wonderful staff of people, from the administrative section to all the various care providers. All providers treated me with kindness, respect, and cheerfulness. These peoples' skills that they displayed made me feel important to their care and made the days more bright. They are all extremely busy but found time to stop in to chat and see if there was anything I needed.

As my time with physical therapy progressed, I became much more able to use my right leg so that a wheelchair was not necessary, and I used just my walker. Under the guidance of the physical therapists, my usage of my right leg progressed smoothly. As the staff noticed that I was moving more quickly, they would ask if I was entering a racing contest.

Going to the dining room for our meals proved to be my main social outing with the other residents. We shared a lot of stories and had a lot of laughs. As busy as this staff was, they took good care of us and provided us with very good meals while creating an enjoyable atmosphere.

If in life others need the services of a skilled nursing facility, either temporarily or resident status, you will wish to be placed in a facility in which you will be treated competently, warmly, cheerfully, and respectfully as I was treated at Bethesda.

To all the staff at Bethesda, you are all wonderful caregivers and I sincerely thank you!

**Bethesda has facilities for all ages and stages. Starting with our child daycare and preschool through our nursing home, we are passionate about providing quality and personal care. Available services include:**

**Skilled Nursing Facility & Short-Term Rehab Stay**

**Assisted Living**

**Independent Living Apartments**

**In Home Services**

**Adult Day Break**

**Physical Rehabilitation & Outpatient Therapy Services**

**Childcare and After School Programs**

If you are interested in learning more about how Bethesda Aberdeen can help meet your needs, please email [info@aberdeenbethesda.org](mailto:info@aberdeenbethesda.org) or call (605) 225-7580.

**Thank you** to our many donors who graciously provide gifts to Bethesda Aberdeen. In this edition, we gratefully acknowledge gifts given from **January 1st, 2022 through June 30th, 2022**. Every effort has been made to ensure the accuracy of each donor's name and gift! If your name has been omitted or spelled incorrectly, please accept our apologies and notify us at 605-225-7580 or email [info@aberdeenbethesda.org](mailto:info@aberdeenbethesda.org).

**Bethesda Adult Services  
Donations**

**Bethesda Adult Day Health  
Center**

NESD United Way

**In Honor of/Given by:**

Janice Peterson

Gary Peterson

**Bethesda Home of  
Aberdeen Donations**

Amazon Smiles

**Activities**

Trinity Ladies Aide

Scandinavia Lutheran  
Church

**In Memory of/Given by:**

Janet Peterhoff

Toby Biel Family

Greg Biel Family

Vanessa Goehring  
Family

Evan Harris

Sig & Joy Flagtvedt

Jim & Virlene Knecht

Patti Mauck

Barbara Stutenroth

Patti Mauck

Beth Rietz-Walth

Patti Mauck

**In Honor of/Given by:**

Fran Herman

Patti Mauck

**Comfort Crosses**

**In Memory of/Given by:**

Rita Nelson

Lori & Stewart Bohle

Joann Fallon

Lori & Stewart Bohle

Margaret Gruenwald

Lori & Stewart Bohle

Barbara Schaffer

Lori & Stewart Bohle

Maybelle Rabuck

Lori & Stewart Bohle

Gordon Mullenberg

Lori & Stewart Bohle

Donovan Whitley

Lori & Stewart Bohle

**Bethesda Learning**

**Academy Donations**

Kesslers Dollars for Scholars

**Aberdeen Bethesda**

**Foundation Donations**

Emmanuel Lutheran Church

-Groton

Hazel B. Swenson Estate

Larry & Kathy McHenry

Janelle Brown

**In Honor of/Given by:**

Parkside Staff

Esther Wilson

Fran Herman

Fran & Cynthia Mauck

Herman

**In Memory of/Given by:**

Jim Buechler

Fran & Cynthia Mauck

Herman

Patti Mauck

Joycel Goodrich

Howard Swenson

Evan Harris

Howard Swenson

Earl Hettick

Roger A. & Shirley Schuller

Vivian Locken

Howard Swenson

Louise Stolle

Louise C Stolle Thrivent

Charitable

Impact Fund

Barbara Stutenroth

Howard Swenson

Rev. Gary Westgard

Howard Swenson

Edwin & Irma Wiedebush

Felicisima & David

Wiedebush

**In Kind Donations**

**Supplies, Furniture and  
Clothing for Residents**

In Memory of Betty Taylor

By Crystle Gehring

In Memory of Terry Brown

By Greg Brown

In Memory of August Spitzer

By Allen Spitzer

In Memory of Lorraine Sauer

By Joyce Svihovec

In Memory of Elizabeth Blide

By Paul Blide

In Memory of Margaret

Marone

By Jim White

In Memory of James Parkin

By Virginia Swanson

By Veronica Paulson

In Memory of Joycel

Goodrich

By Darrel Goodrich

In Memory of Cecilia Kiefer

By Carol Haselhorst

In Memory of Lila Ball-Olson

By Janel Lehman

In Memory of Maude Smith

By Susan Spear

By Shawn Smith

In Memory of Mavis Eske

By Deb Gross

In Memory of Robert

Wiedebush

By Ellen Wiedebush

In Memory of Vivian Locken

By Marsha James

In Memory of Arlene

Anderson

By Donna Anderson

### **Supplies, Furniture & Clothing cont.**

In Memory of Ida Reis  
By Reis Family  
In Memory of Barbara Stutenroth  
By Mary Amacher  
In Memory of Earl Hettick  
By Donald Hettick

### **Miscellaneous Items**

In Memory of Mary Kay Forkel  
By Brian Shishnia  
In Memory of Janet Peterhoff  
By Toby Biel

### **Cards for Residents**

In Honor of Marie Heggem  
By Kristin Kenny

### **Flowers**

In Memory of Betty Taylor  
By Crystle Gehring  
In Memory of Terry Brown  
By Greg Brown  
In Memory of August Spitzer  
By Allen Spitzer  
In Memory of Pius Vetter  
By Meta Vetter  
In Memory of James Parkin  
By Virginia Swanson  
By Veronica Paulson  
In Memory of Barbara Stutenroth  
By Ann Laib

### **Sweet Corn for Residents**

Schaunaman Farms  
c/o Kirk Schaunaman

### **Craft Supplies**

Victoria Fischer

### **Food for Staff**

In Memory of Marguerite Newman  
By Gigi Browning  
In Memory of Marguerite Newman  
By Mary McKinney  
In Memory of Warren Criddle  
By Dvonna Criddle  
In Honor of Fran Herman  
By Cindy Mauck Herman  
In Honor of Jeannette Krumm  
By Jeannette Krumm Family  
In Honor of Linda Siefkes  
By Linda Siefkes Family  
In Honor of Naomi Alexander  
By Naomi Alexander Family

### **Fall Corn Wreaths**

In Honor of Marie Heggem  
By Kristin Kenny

### **Christmas Decorations**

Aberdeen Floral  
In Memory of Vernita Tuscherer  
By Darrel Tuscherer & family

### **Wheelchair**

In Honor of Priscilla Pfeifle  
By Marietta Riedel

### **Throw Blankets & Scarves for Residents**

Carol Merkel  
In Honor of Elsa Zimmerman  
By Michelle Musland

## **Aberdeen Bethesda Foundation**

The Aberdeen Bethesda Foundation is dedicated to raising funds and awareness to advance Bethesda's mission of caring for others. The Foundation works with donors regarding charitable giving options that best fit their philanthropic goals. Since opening in 1969, Bethesda has expanded services thanks to the generosity of those who enthusiastically support our ministry of service. At Bethesda, every gift is significant as we strive to meet the needs of today's family.

The Bethesda Foundation is designated as a 501(c)3 charitable organization by the Internal Revenue Service.

Learn more about planned giving options at [www.aberdeenbethesda.org](http://www.aberdeenbethesda.org).



**For all the latest happenings at Bethesda Home of Aberdeen, follow us on social media or get the latest Bethesda Aberdeen news updates on our website [www.aberdeenbethesda.org](http://www.aberdeenbethesda.org) and follow us on our Bethesda Home of Aberdeen Facebook page!**



## BETHESDA ABERDEEN

PROVIDING SENIOR LIVING  
OPTIONS FOR TODAY'S  
FAMILY

1224 South High Street  
Aberdeen, SD 57401-7724

Phone: 605-225-7580

Email: [info@aberndeenbethesda.org](mailto:info@aberndeenbethesda.org)

Website: [www.aberndeenbethesda.org](http://www.aberndeenbethesda.org)

Bethesda Senior Living is a not-for-profit  
organization sponsored by 12 area  
ELCA Lutheran Churches.

Bethesda strives to promote a  
community-like quality of life by  
providing a continuum of affordable  
health care services, housing options  
and community services in a Christ-  
centered environment.

## OPPORTUNITIES FOR GIVING

Enclosed is my gift of \$\_\_\_\_\_ for the programs and services provided by Bethesda Aberdeen.

Please note that my gift is given ...

\_\_\_ in honor of: \_\_\_\_\_ \_\_\_ in memory of: \_\_\_\_\_

**Estate Planning:** \_\_\_ I have included Bethesda in my/our estate planning.

### **Please send information that I/we can review to consider the possibility of:**

\_\_\_ Including Bethesda in my/our estate

\_\_\_ Inviting a speaker to our church/organization

\_\_\_ A Charitable Gift Annuity

\_\_\_ Learning about volunteer opportunities at Bethesda

\_\_\_ A Charitable Remainder Trust

\_\_\_ Inquiring about services for myself/someone else

\_\_\_ Considering a gift of land or property

\_\_\_ Keeping Bethesda staff and residents in my prayers

\_\_\_ I choose Bethesda for my Thrivent Choice dollars

Name: \_\_\_\_\_ Mailing Address: \_\_\_\_\_

City, State/ZIP: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

### **Please mail this form with your check or information request to:**

**Bethesda Aberdeen - 1224 South High Street - Aberdeen, SD 57401**

If you have made a legacy gift or would like to talk in greater detail about planned giving options, please call Bethesda Aberdeen at 605-225-7580. Bethesda is a member organization of Lutheran Planned Giving of South Dakota. Additional information may be found by visiting our website at [www.aberndeenbethesda.org](http://www.aberndeenbethesda.org).

\_\_\_ I (my family) would like to receive the Bethesda Aberdeen newsletter via email.

Email address(es): \_\_\_\_\_